CHILDREN'S STUDIES MAJOR, BACHELOR OF ARTS (BA)

The Children's Studies Bachelor of Arts provides a comprehensive foundation for the study of children and childhood. Program options allow students to focus their studies in areas of child life and health, or social services and community programs for children.

Note:
- enrollment in CDST 302 requires proof of a successfully completed background check;
- two years of a single high school world language or one year of a single college-level world language is required.

Required Core Courses

CDST 300	FOUNDATIONS OF CHILDREN'S STUDIES–PART I	2
CDST 302	FOUNDATIONS OF CHILDREN'S STUDIES–PART 2 (enrollment requires successful complete of a background check.)	3
CDST 303	INFANT AND TODDLER DEVELOPMENT	4
CDST 304	GROWTH AND DEVELOPMENT THROUGH CHILDHOOD AND ADOLESCENCE	4
CDST 310	GLOBAL PERSPECTIVES OF CHILDREN	5
CDST 330	RESEARCH METHODS FOR STUDYING CHILDREN AND CHILDHOOD	4
CDST/GWSS 386	CHILDREN AND THE FAMILY	5
CDST 402	CHILDREN'S RIGHTS, LAWS AND ETHICS	5
CDST 403	DIVERSITY, EQUITY, AND INCLUSION IN CHILDHOOD	5
CDST 404	TRAUMA-INFORMED CARE WITH CHILDREN AND FAMILIES	5
CDST 415	MINDFULNESS AND ALTERNATIVE PRACTICES FOR WORKING WITH CHILDREN	5
CDST 490	SENIOR CAPSTONE CHILDREN'S STUDIES	5
Required Option		**29-32**
Option A: Child Life and Health		
CDST 411	CHILD LIFE THEORY	
CDST 422	CHILDREN'S LOSS AND GRIEF	
CDST 423	THERAPEUTIC PLAY	
CDST 430	PEDIATRIC MEDICAL TERMINOLOGY	
CDST 431	CHILD LIFE PRACTICE ASSESSMENT AND PREPARATION	
CDST 481	CDST OPTION A FIELDWORK	
Required Option A Elective–choose one course from the following		
CDST 432	SCHOOL REINTEGRATION AND SUPPORT	
CDST 433	PEDIATRIC PALLIATIVE CARE	
CDST 434	NON-TRADITIONAL CHILD LIFE	
CDST 440	INTERNATIONAL CHILD LIFE	
Option B: Social Services and Community Programs for Children		
CDST 362	ADVOCATING FOR CHILDREN WITH DIVERSE NEEDS	
CDST 421	PLAY AND PLAYWORK	
CDST 482	CDST OPTION B INTERNSHIP	
DSST 310	DISABILITY, CULTURE AND SOCIETY	
PSYC 484	CHILD ABUSE: RECOGNITION AND INTERVENTION STRATEGIES	
Required Option B Electives–choose two courses from the following		
ADST 462	ADOLESCENT ADDICTION ASSESSMENT AND TREATMENT	
CDST 375	FOUNDATIONS OF NATURE-BASED LEARNING	
CDST 425	DEVELOPMENT OF COMMUNITY PROGRAMS	
CRIM 300	INTRODUCTION TO THE CRIMINAL JUSTICE SYSTEM	
PSYC 344	INTRODUCTION TO THE HELPING PROFESSIONS	
Total Credits		**81-84**

Plan of Study – Child Life Option

The following plan of study is for a student with zero credits. Individual students may have different factors such as: credit through transfer work, Advanced Placement, Running Start, or any other type of college-level coursework that requires an individual plan.

Courses could be offered in different terms, checking the academic schedule is paramount in keeping an individual plan current. **Students should connect with an advisor to ensure they are on track to graduate.**

All Undergraduate students are required to meet the Undergraduate Degree Requirements (http://catalog.ewu.edu/undergraduate-degree/).

This major requires the completion of the World Language requirement (http://catalog.ewu.edu/undergraduate-degree/#worldlanguagetext). Students pursuing a Bachelor of Arts (BA) degree must complete two years of a single language in high school or one year of a single language in college.

First Year

Fall Quarter	Credits	Winter Quarter	Credits	Spring Quarter	Credits
ENGL 101	5	MATH 107	5	ENGL 201	5
Humanities & Arts BACR 1[1]	5	Diversity - graduation requirement[1]	5	Humanities & Arts BACR 2[1]	5
Natural Science BACR 1[1]	5	Social Science BACR 1[1]	5	Social Science BACR 2[1]	5
	15		15		15

Second Year

Fall Quarter	Credits	Winter Quarter	Credits	Spring Quarter	Credits
Natural Science BACR 2[1]	5	Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5
Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5
Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5
	15		15		15

Third Year

Fall Quarter	Credits	Winter Quarter	Credits	Spring Quarter	Credits
CDST 300	2	CDST 302	3	CDST 386	5
CDST 303	4	CDST 304	4	CDST 403	5
CDST 310 (Global Studies - graduation requirement)	5	CDST 330	4	CDST 411	5
CDST 402	5	CDST 404	5		
	16		16		15

Fourth Year

Fall Quarter	Credits	Winter Quarter	Credits	Spring Quarter	Credits
CDST 415	5	CDST 422	4	CDST 431	5
CDST 423	4	CDST 430	5	CDST 490 (Senior Capstone - graduation requirement)	5

Children's Studies Child Life Elective[2]	4-5 CDST 481	4 Elective - certificate, minor, or general elective	5
		Elective - certificate, minor, or general elective	2
	13-14	15	15

Total Credits 180-181

CDST 415	5 Children's Studies Social Services Elective[2]	4-5 Elective - certificate, minor, or general elective	4
CDST 482	4 Elective - certificate, minor, or general elective	3 Elective - certificate, minor, or general elective	3
Children's Studies Social Services Elective[2]	4-5		
17-18	12-13	12	

Total Credits 180-182

[1] University Graduation Requirements (UGR) and Breadth Area Course Requirements (BACR) courses may be less than 5 credits and additional credits may be required to reach the required 180 total credits needed to graduate. Students should connect with an advisor to ensure they are on track to graduate.

[2] Option A: Child Life and Health Elective—choose one course from the approved list.

Plan of Study – Social Services Option

The following plan of study is for a student with zero credits. Individual students may have different factors such as: credit through transfer work, Advanced Placement, Running Start, or any other type of college-level coursework that requires an individual plan.

Courses could be offered in different terms, checking the academic schedule is paramount in keeping an individual plan current. **Students should connect with an advisor to ensure they are on track to graduate.**

All Undergraduate students are required to meet the Undergraduate Degree Requirements (http://catalog.ewu.edu/undergraduate-degree/).

This major requires the completion of the World Language requirement (http://catalog.ewu.edu/undergraduate-degree/#worldlanguagetext). Students pursuing a Bachelor of Arts (BA) degree must complete two years of a single language in high school or one year of a single language in college.

First Year

Fall Quarter	Credits	Winter Quarter	Credits	Spring Quarter	Credits
ENGL 101	5	MATH 107	5	ENGL 201	5
Humanities & Arts BACR 1[1]	5	Diversity - graduation requirement[1]	5	Humanities & Arts BACR 2[1]	5
Natural Science BACR 1[1]	5	Social Science BACR 1[1]	5	Social Science BACR 2[1]	5
	15		15		15

Second Year

Fall Quarter	Credits	Winter Quarter	Credits	Spring Quarter	Credits
Natural Science BACR 2[1]	5	Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5
Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5
Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5
	15		15		15

Third Year

Fall Quarter	Credits	Winter Quarter	Credits	Spring Quarter	Credits
CDST 300	2	CDST 302	3	CDST 386	5
CDST 303	4	CDST 304	4	CDST 403	5
CDST 310 (Global Studies - graduation requirement)	5	CDST 330	4	DSST 310	5
CDST 402	5	CDST 421	4	PSYC 484	3
	16		15		18

Fourth Year

Fall Quarter	Credits	Winter Quarter	Credits	Spring Quarter	Credits
CDST 362	4	CDST 404	5	CDST 490 (Senior Capstone - graduation requirement)	5

[1] University Graduation Requirements (UGR) and Breadth Area Course Requirements (BACR) courses may be less than 5 credits and additional credits may be required to reach the required 180 total credits needed to graduate. Students should connect with an advisor to ensure they are on track to graduate.

[2] Option B: Social Services and Community Programs for Children Electives—choose two courses from the approved list.

University Competencies and Proficiencies

English (http://catalog.ewu.edu/undergraduate-degree/#newitemtext)

Quantitative and Symbolic Reasoning (http://catalog.ewu.edu/undergraduate-degree/#mathcompproficienciestext)

Placement and Clearance (http://catalog.ewu.edu/placement/)

Prior Learning/Sources of Credit AP, CLEP, IB (http://catalog.ewu.edu/prior-learning/)

General Education Requirements (http://catalog.ewu.edu/undergraduate-degree/#generaleducationrequirementtext) (GER)

- Minimum Credits—180 cumulative credit hours
  - 60 upper-division credits (300 level or above)
  - 45 credits in residence (attendance) at Eastern, with at least 15 upper-division credits in major in residence at Eastern
- Minimum Cumulative GPA ≥2.0

Breadth Area Core Requirements (BACR)

Humanities and Arts (http://catalog.ewu.edu/undergraduate-degree/#humanitiesandfineartsgecrtext)

Natural Sciences (http://catalog.ewu.edu/undergraduate-degree/#naturalsciencesgecrtext)

Social Sciences (http://catalog.ewu.edu/undergraduate-degree/#socialsciencesgecrtext)

University Graduation Requirements (http://catalog.ewu.edu/undergraduate-degree/#universitygraduationrequirementstext) (UGR)

Diversity Course List (http://catalog.ewu.edu/undergraduate-degree/#cultureandgenderdiversityintheuslisttext)

World Language (http://catalog.ewu.edu/undergraduate-degree/#worldlanguagetext) (for Bachelor of Arts)

Global Studies Course List (http://catalog.ewu.edu/undergraduate-degree/#internationalstudiesrequirementtext)

Minor or Certificate (http://catalog.ewu.edu/undergraduate-degree/#majorminororcertificateugrtext)

Senior Capstone Course List (http://catalog.ewu.edu/undergraduate-degree/#capstonecourselisttext)

Application for Graduation (use EagleNET (https://inside.ewu.edu/eaglenet/)) must be made at least two terms in advance of the term you expect to graduate (undergraduate and post-baccalaureate).

Use the Catalog Archives (http://catalog.ewu.edu/archives/) to determine *two important catalog years*.
Requirements in Degree Works (https://inside.ewu.edu/records-and-registration/degree-works/) are based on these two catalog years:

a. The catalog *in effect at the student's first term* of current matriculation is used to determine **BACR** (Breadth Area Credit Requirements) **and UGR** (Undergraduate Graduation Requirements).
b. The catalog *in effect at the time the student declares a major or minor* is used to determine the program requirements.

Students who earn a BA in Children's Studies from EWU should be able to:
- articulate how to apply at least 3 disciplinary perspectives to work with children or families;
- describe how to be inclusive in work with children or families;
- describe how to use the principles of children's rights to advocate for children or families;
- develop optimal tools for children and families that are culturally, academically, and developmentally appropriate.