

# AGING STUDIES

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 program page (<https://www.ewu.edu/css/programs/aging-studies>)  
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## Faculty

S. Bowland.

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## Undergraduate Minor

- Aging Studies (Interdisciplinary), Minor (<http://catalog.ewu.edu/social-behavioral-sciences-work/aging-studies/aging-studies-interdisciplinary-minor>)

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## Undergraduate Program

The Center for Studies in Aging, administratively located within the College of Social Sciences, serves as the coordinating entity for the university's multidisciplinary aging studies minor. This program draws upon the university's existing resources in such fields as social work, sociology, biology, psychology, nursing, nutrition and dietetics, health sciences, recreation and leisure services, physical education, economics and various ethnic studies programs. The program is designed to prepare students for careers in the development, management and provision of services to older persons. Such careers include: management of public and private agencies serving older persons, administration of residential care facilities for the elderly and the management and direction of social, leisure and health services to older persons.

**Required courses in the following program of study may have prerequisites. Reference the course description section for clarification.**

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## Aging Studies Courses

### AGST 310. MULTIDISCIPLINARY STUDIES IN AGING. 5 Credits.

Required of all students in the minor, this course draws upon a number of disciplines and fields (primarily biology, psychology, social work, sociology, economics, nutrition and dietetics, and ethnic perspectives) to provide a balanced view of both normal and problem aspects of aging. Presents theoretical issues and aspects of aging as well as programs, services and issues involved in working with older persons.

### AGST 399. SPECIAL STUDIES. 1-5 Credits.

### AGST 410. MINORITY PERSPECTIVES IN AGING. 3 Credits.

**Pre-requisites:** AGST 310 or special permission of the instructor.  
 Required of all students in the minor, this course is oriented toward a critical examination of the variations in aging experiences of minority elderly in the United States. Its focus is on the most salient themes, orientations and dimensions of the problems and processes of aging in the broader cultural tradition within each ethnic minority group. Particular attention paid to biological, material and historical bases of such dimensions, regional variations among populations and the effects of such past events as conquest and colonialism.

### AGST 455. SOCIAL POLICY AND PROGRAMS IN AGING. 3 Credits.

**Cross-listed:** SOWK 455.

**Pre-requisites:** AGST 310 or permission of the instructor.

Social welfare policies and programs serving the aging are examined, past and present, in terms of their overall impact on the aged and on society at large. The needs and gaps in services to the aged are evaluated, as well as the adequacy with which these services are delivered and the response of programs and services to the changing needs of the aged.

### AGST 456. THE OLDER WOMAN. 4 Credits.

**Cross-listed:** SOWK 456, WMST 456.

**Pre-requisites:** junior standing.

This course examines the research and practice knowledge on the social, economic and health problems confronting older women. Older women's needs and potential for change are considered. The course explores U.S. social policy and program alternatives that work to improve the status and quality of life for a growing and diverse population of older women.

### AGST 457. CLINICAL ASSESSMENT IN MIDLIFE AND OLDER ADULTS. 4 Credits.

**Cross-listed:** SOWK 457.

**Pre-requisites:** junior standing or permission of instructor.

An introduction to the assessment skills required for professional social work practice in mental health and other clinical settings dealing with the elderly. The course is intended for social work practitioners.

### AGST 458. PERSPECTIVES ON DEATH AND DYING. 4 Credits.

**Cross-listed:** SOWK 458.

This course is designed to assist students in the helping professions who wish to work with the terminally ill. Focus will be on an increased ability to deal with one's own mortality; the development of beginning skills for working with the terminally ill and their families; an understanding of the complex social system which surrounds death in modern America; as well as the current moral, ethical and philosophical issues in the field.

### AGST 496. EXPERIMENTAL COURSE. 1-5 Credits.

**AGST 499. DIRECTED STUDY. 1-5 Credits.**