

THERAPEUTIC RECREATION MAJOR, BACHELOR OF ARTS (BA)

Therapeutic Recreation specialists are involved in helping individuals with disabilities learn the skills and attitudes necessary to develop a satisfying leisure lifestyle. Therapeutic Recreation is concerned with the treatment of conditions which are disabling and the facilitation of independent leisure functioning.

This major offers the student a track that will allow them to be eligible to take the national certification examination. The major is nationally accredited and provides a strong educational background for the student. Graduates tend to work in hospitals, state facilities, group treatment and community-based programs in the area of rehabilitation, leisure education and community integration.

Notes:

- two years of a single high school foreign language or one year of a single college level foreign language is required.
- current First Aid/CPR card is required for all majors.
- a minimum grade ≥ 2.50 must be obtained in each required RCLS course (if a lower grade is received, the course must be retaken);
- a minimum cumulative GPA ≥ 2.50 shall be necessary in all upper- and lower-division required RCLS courses;
- a minimum cumulative GPA ≥ 2.50 shall be required for all university coursework; failure to comply with the above standards will jeopardize professional internship eligibility.

Required Core Courses

RCLS 201	RECREATION AND LEISURE IN MODERN SOCIETY	3
RCLS 220	LEADERSHIP IN RECREATION AND LEISURE SERVICES	3
RCLS 240	OVERVIEW OF THERAPEUTIC RECREATION SERVICES	4
RCLS 270	DIVERSITY AND SOCIAL JUSTICE IN RECREATION AND LEISURE SERVICES	3
RCLS 313	WILDLAND RECREATION MANAGEMENT	3
RCLS 325	OUTDOOR ADVENTURE PROGRAMMING	3
RCLS 360	FACILITY PLANNING AND ENVIRONMENTAL DESIGN	3
RCLS 385	PROGRAMMING IN RECREATION AND LEISURE SERVICES	3
RCLS 400	LEGAL FOUNDATIONS IN RECREATION AND LEISURE SERVICES	4
RCLS 425	EVALUATION, RESEARCH AND STATISTICS IN RECREATION AND LEISURE SERVICES	4
RCLS 435	EMPLOYMENT PROCESSES IN RECREATION AND LEISURE SERVICES	2
RCLS 455	RESORT AND COMMERCIAL RECREATION MANAGEMENT	3

RCLS 470	ADMINISTRATION, ORGANIZATION AND SUPERVISION IN RECREATION AND LEISURE SERVICES	4
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RCLS 480	BUDGETING IN RECREATION AND LEISURE SERVICES	4
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RCLS 490	SENIOR CAPSTONE IN RECREATION	4
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Required Supporting Courses

HLED 256	MEDICAL TERMINOLOGY	2
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PHED 132 & PHED 349	KINESIOLOGICAL APPLICATIONS OF HUMAN ANATOMY AND PHYSIOLOGY and ANATOMICAL KINESIOLOGY	8-15
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or BIOL 232 & BIOL 233 & BIOL 234	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS and HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS and HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	
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PSYC 201	LIFE-SPAN DEVELOPMENT	4
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PSYC 302	ABNORMAL PSYCHOLOGY	5
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RCLS 245	THERAPEUTIC RECREATION FOR PEOPLE WITH DISABILITIES	3
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RCLS 420	PROGRAM PLANNING AND EVALUATION IN THERAPEUTIC RECREATION	5
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RCLS 440	PROFESSIONAL ISSUES IN TR	4
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RCLS 445	PROCESSES AND TECHNIQUES IN THERAPEUTIC RECREATION	4
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RCLS 450	ASSESSMENT TECHNIQUES IN THERAPEUTIC RECREATION	4
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RCLS 493	THERAPEUTIC RECREATION PROFESSIONAL INTERNSHIP (Therapeutic Recreation majors have specific requirements to fulfill and must consult with their advisor)	12
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Total Credits	101-108
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For information on General Education, see Undergraduate Degree (<http://catalog.ewu.edu/archives/2015-2016/undergraduate-degree>).

Student Learning Outcomes—students will

- demonstrate, through a variety of activities, and participate in events that give a better understanding of how an individual with a disability or illness can participate in leisure activities and apply that knowledge to their internship experience;
- demonstrate skills and techniques to assist individuals in learning to cope with the effects of their disabilities or illness;
- demonstrate the knowledge base to successfully complete the NCTRC Certification practice tests to better prepare students for the National Council on Therapeutic Recreation Certification (NCTRC) exam;
- demonstrate an understanding and application of the therapeutic recreation process: assessment, program planning, implementation, and evaluation;
- demonstrate effective oral and written communication skills;
- demonstrate knowledge of and skill at research, problem solving, and critical thinking;
- demonstrate a working knowledge of technology and its various uses in the recreation profession;

2 *Therapeutic Recreation Major, Bachelor of Arts (BA)*

- demonstrate an understanding of the history, breadth, depth, and complexity of the recreation and leisure services industry;
- demonstrate an awareness of diversity, equity, inclusion, and will demonstrate multi-cultural competence in recreation and leisure service delivery settings;
- demonstrate a working knowledge of the career and entrepreneurship opportunities available upon graduation.