

# COUNSELOR EDUCATION WITH MENTAL HEALTH COUNSELING EMPHASIS, MASTER OF SCIENCE (MS)

PSYC 588	CRISIS INTERVEN AND TRUAMA COUNSEL	4
PSYC 590	DIVERSITY COUNSELING	3
PSYC 602	SCHOOL PSYC PORTFOLIO (1-6)	3
PSYC 694	PRACTICUM (1-8 must be repeated)	12
PSYC 697	INTERNSHIP IN PSYCHOLOGY (1-10 must be repeated)	20
Total Credits		93

**The Master of Science in Counselor Education: Mental Health Counseling emphasis** is designed for students wishing preparation as counselors or therapists in settings such as: mental health centers, hospitals, residential treatment centers, employment services and vocational rehabilitation services. Mental health counselors are also frequently found in the juvenile correction facilities, community colleges, pastoral services and business and industry.

## Classes and experiences are organized around four objectives:

1. a thorough preparation in foundation skills and principles;
2. a functional mastery of techniques in various therapy modes; e.g., cognitive, affective, behavioral;
3. coverage of principles, issues and trends in the psychology of counseling; and
4. self awareness as it relates to the counseling process.

Practical application is stressed. Students are provided early and continuous skill practice with personalized feedback and coaching. Continuous opportunities for expanding awareness of the self of the counselor will be provided.

The program is both extensive and comprehensive. It is nationally accredited by CACREP and fulfills education requirements for licensure for mental health counselors. Graduates will complete the NBCC exam for National Counselor Certification.

Note: successful completion of both a written comprehensive examination of conceptual attainments and an oral interview of practical applications is required.

## Required Courses

PSYC 506	COUNSELING DEVELOPMENT AND TRANSITION ACROSS THE LIFESPAN	4
PSYC 520	TACTICS PSYCHOLOGICAL RESEARCH	4
PSYC 535	INTRODUCTION TO MENTAL HEALTH COUNSELING	4
PSYC 539	SEMINAR IN SPECIAL TOPICS (1-5)	1
PSYC 542	CAREER COUNSELING	4
PSYC 544	COUNSELING THEORY AND TECHNIQUES	4
PSYC 545	APPRAISAL IN MENTAL HEALTH COUNSELING	4
PSYC 548	COUNSELING CHILDREN AND ADOLESCENTS	4
PSYC 569	FAMILY SYSTEMS AND PARENT EDUCATION	4
PSYC 575	DSM TREATMENT ISSUES FOR COUNSELORS	4
PSYC 576	PROFESSIONAL ISSUES IN MENTAL HEALTH COUNSELING	3
PSYC 580	CONSULTATION IN THE COUNSELING PROFESSION	2
PSYC 583	GROUP EXPERIENCE	1
PSYC 584	GROUP THEORY	2
PSYC 585	GROUP PROCESS IN COUNSELING	2
PSYC 587	ADDICTIVE BEHAVIOR COUNSELING	4

## Student Learning Outcomes—students will:

- assess community needs, design, implement and evaluate mental health programs and systems-Mental Health Counseling Emphasis;
- provide accurate assessment, diagnosis (where appropriate) and treatment planning for a diverse client population-Mental Health Counseling Emphasis;
- describe the ethical and legal considerations that govern the practice of mental health counseling-Mental Health Counseling Emphasis;
- utilize the American School Counseling Association's National Model (a framework for school counseling programs) to develop an individual school's comprehensive program -School Counseling Emphasis;
- describe and apply the counseling theories and techniques that have proven to be the most applicable to the K-12 school population-School Counseling Emphasis;
- describe and utilize the laws and ethics that govern the school counseling profession -School Counseling Emphasis.