

# INTERDISCIPLINARY STUDIES: ADDICTION STUDIES, BACHELOR OF ARTS (BA)

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## Addiction Studies (BA) (<http://catalog.ewu.edu/archives/2016-2017/social-behavioral-sciences-work/addiction-studies/interdisciplinary-studies-addiction-studies-ba>)

(ADST) is an approved provider through NAADAC, The Association for Addiction Professionals. The ADST degree option provides students with the educational requirements necessary to become certified as a Chemical Dependency Professional in the state of Washington. Students who complete all state required courses for certification are eligible to take the NAADAC exam before completing other state requirements.

Our courses provide students with a theoretical knowledge base and practical skills for assessing the level of care needed for persons suffering from various addictive behaviors. The addiction field offers an excellent chance for graduates to make a significant impact on people and to help guide them toward healthy life styles.

### Courses are prepared to provide students with:

- knowledge to understand addictions and approaches to intervention, including assessment, treatment, relapse prevention, and case management;
- individual and group counseling skills and techniques;
- the tools to explore specific needs of individuals and groups including, women, youth, the elderly, adult children of alcoholics, people with concurrent disorders or other disabilities and people with process addictions.

For information on General Education, see Undergraduate Degree (<http://catalog.ewu.edu/archives/2016-2017/undergraduate-degree>) .

### Student Learning Outcomes—students will

- demonstrate basic knowledge about substance use disorders;
- demonstrate familiarity with behavior change and recovery models;
- apply intervention and recovery knowledge and methods to practice;
- demonstrate competence around issues related to self-awareness, diversity, ethics and continuing education.