

# THERAPEUTIC RECREATION MAJOR, BACHELOR OF ARTS (BA)

Therapeutic Recreation specialists are involved in helping individuals with disabilities learn the skills and attitudes necessary to develop a satisfying leisure lifestyle. Therapeutic Recreation is concerned with the treatment of conditions which are disabling and the facilitation of independent leisure functioning.

This major offers the student a track that will allow them to be eligible to take the national certification examination. The major is nationally accredited and provides a strong educational background for the student. Graduates tend to work in hospitals, state facilities, group treatment and community-based programs in the area of rehabilitation, leisure education and community integration.

## Pre Major Declaration Prerequisite Requirements

- Students interested in the Therapeutic Recreation Major must apply and be accepted into the Therapeutic Recreation program to start fall quarter.
- The required prerequisites are PSYC 100 with a grade  $\geq$ C; ENGL 201 (or equivalent English course) with a grade  $\geq$ C; and a passing grade in one college Chemistry class.
- The application also requires a 2–3 page essay addressing the following points: brief autobiography including some interesting facts about yourself (interests, hobbies, etc.), how you became interested in Therapeutic Recreation and any experiences you've had in this area and a description of your overall academic and career goals. The application form is available online on the PEHR Department website (<http://www.ewu.edu/cale/programs/pehr/pehr-degrees/therapeutic-recreation>).
- Transcripts are required for transfer students only.
- The deadline for submission is April 1st.
- Selection will be determined by application essay and overall grades from PSYC 100 and ENGL 201.
- Applications will be reviewed and students will be notified by the first week of May.

## Notes:

- two years of a single high school foreign language or one year of a single college level foreign language is required.
- current First Aid/CPR card is required for all majors.

## Grade Requirements

- a minimum grade  $\geq$ C+ must be obtained in each required RCLS course (if a lower grade is received, the course must be retaken);
- a minimum cumulative GPA  $\geq$ 2.50 shall be necessary in all upper- and lower-division required RCLS courses;
- a minimum cumulative GPA  $\geq$ 2.50 shall be required for all university coursework;
- failure to comply with the above standards will jeopardize professional internship eligibility.

**Required—1500 hours of practical experience—see advisor.**

Required Core Courses		
RCLS 201	RECREATION AND LEISURE IN MODERN SOCIETY	3
RCLS 220	LEADERSHIP IN RECREATION AND LEISURE SERVICES	3
RCLS 240	OVERVIEW OF THERAPEUTIC RECREATION SERVICES	4
RCLS 270	DIVERSITY AND SOCIAL JUSTICE IN RECREATION AND LEISURE SERVICES	3
RCLS 313	WILDLAND RECREATION MANAGEMENT	3
RCLS 360	FACILITY PLANNING AND ENVIRONMENTAL DESIGN	3
RCLS 385	PROGRAMMING IN RECREATION AND LEISURE SERVICES	3
RCLS 400	LEGAL FOUNDATIONS IN RECREATION AND LEISURE SERVICES	4
RCLS 425	EVALUATION, RESEARCH AND STATISTICS IN RECREATION AND LEISURE SERVICES	4
RCLS 435	EMPLOYMENT PROCESSES IN RECREATION AND LEISURE SERVICES	2
RCLS 455	RESORT AND COMMERCIAL RECREATION MANAGEMENT	3
RCLS 470	ADMINISTRATION, ORGANIZATION AND SUPERVISION IN RECREATION AND LEISURE SERVICES	4
RCLS 480	BUDGETING IN RECREATION AND LEISURE SERVICES	4
RCLS 490	SENIOR CAPSTONE IN RECREATION	4
Required Supporting Courses		
BIOL 232	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	5
BIOL 233	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	5
HLED 256 or BIOL 234	MEDICAL TERMINOLOGY HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	2
PSYC 201	LIFE-SPAN DEVELOPMENT	5
PSYC 302	ABNORMAL PSYCHOLOGY	5
RCLS 345	THERAPEUTIC RECREATION FOR PEOPLE WITH DISABILITIES	3
RCLS 420	PROGRAM PLANNING AND EVALUATION IN THERAPEUTIC RECREATION	5
RCLS 440	PROFESSIONAL ISSUES IN THERAPEUTIC RECREATION	4
RCLS 445	PROCESSES AND TECHNIQUES IN THERAPEUTIC RECREATION	4
RCLS 450	ASSESSMENT TECHNIQUES IN THERAPEUTIC RECREATION	4
RCLS 493	THERAPEUTIC RECREATION PROFESSIONAL INTERNSHIP (Therapeutic Recreation majors have specific requirements to fulfill and must consult with their advisor)	12
Total Credits		101

Placement and Clearance Exams (<http://catalog.ewu.edu/placement>)

Prior Learning Credits / Sources of Credit AP, CLEP, IB (<http://catalog.ewu.edu/prior-learning>)

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**University Competencies and Proficiencies** (<http://catalog.ewu.edu/undergraduate-degree/#newitemtext>)

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**Breadth Area Core Requirements (BACR)**

**Humanities and Arts** (<http://catalog.ewu.edu/undergraduate-degree/#humanitiesandfineartsgecrtext>)

**Natural Sciences** (<http://catalog.ewu.edu/undergraduate-degree/#naturalsciencesgecrtext>)

**Social Sciences** (<http://catalog.ewu.edu/undergraduate-degree/#socialsciencesgecrtext>)

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**University Graduation Requirements** (<http://catalog.ewu.edu/undergraduate-degree/#universitygraduationrequirements>) (UGR)

Foreign Language

Minor or Certificate

Diversity Course List (<http://catalog.ewu.edu/undergraduate-degree/#cultureandgenderdiversityintheuslisttext>)

Global Studies Course List (<http://catalog.ewu.edu/undergraduate-degree/#internationalstudiesrequirementtext>)

Senior Capstone Course List (<http://catalog.ewu.edu/undergraduate-degree/#capstonecourselisttext>)

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All admitted students must officially Declare a Major (<https://access.ewu.edu/center-for-academic-advising-and-retention/academic-planning-tools/declare-your-major>) by the time they reach 90 credits (junior standing).

Application for Graduation (<https://sites.ewu.edu/records-and-registration/files/2017/02/GraduationApp.pdf>) must be made at least two terms in advance of the term you expect to graduate (undergraduate and post-baccalaureate).

Check your progress with SOAR (<https://soar.ewu.edu/selfservice/general/home.html>) Student Online Academic Review—*you must be signed in to use this tool.*

- demonstrate a working knowledge of technology and its various uses in the recreation profession;
- demonstrate a working knowledge of the career and entrepreneurship opportunities available upon graduation;
- demonstrate an awareness of diversity, equity, inclusion, and will demonstrate multi-cultural competence in recreation and leisure service delivery settings;
- demonstrate an understanding and application of the therapeutic recreation process: assessment, program planning, implementation and evaluation;
- demonstrate an understanding of the history, breadth, depth, and complexity of the recreation and leisure services industry;
- demonstrate effective oral and written communication skills;
- demonstrate knowledge of and skill at research, problem solving, and critical thinking;
- demonstrate skills and techniques to assist individuals in learning to cope with the effects of their disabilities or illness;
- demonstrate the knowledge base to successfully complete the NCTRC Certification practice tests to better prepare students for the

National Council on Therapeutic Recreation Certification (NCTRC) exam;

- demonstrate, through a variety of activities, and participate in events that give a better understanding of how an individual with a disability or illness can participate in leisure activities and apply that knowledge to their internship experience.