

# PSYCHOLOGY (PSYC)

---

## **PSYC 100. GENERAL PSYCHOLOGY. 5 Credits.**

**Satisfies:** a BACR for social sciences.

A general introduction to psychology as the scientific study of behavior and thought; an overview of the areas of psychology and their development; methods in psychology; biological, sensory and developmental influences on behavior; physiological and cognitive components of behavior; theories of learning; a survey of theories of normal and abnormal behavior; principles of psychotherapy; personality theory and testing; and social influences.

## **PSYC 196. EXPERIMENTAL COURSE. 1-5 Credits.**

Experimental course, topic and focus to be determined.

## **PSYC 197. WORKSHOP, SHORT COURSE, CONFERENCE, SEMINAR. 1-5 Credits.**

Focused area of study within psychology.

## **PSYC 201. LIFE-SPAN DEVELOPMENT. 5 Credits.**

**Satisfies:** a BACR for social sciences.

A broad overview of human development from birth to death. Topics covered include the biological, cognitive, learning, cultural and socio-emotional influences on development. Designed for the non-major.

## **PSYC 202. GREAT WORKS IN PSYCHOLOGY. 5 Credits.**

**Satisfies:** a BACR for humanities and arts.

Designed to expose the classic and historical, as well as more modern, written works influential in the field of psychology, and how they impact our modern conceptualizations of the field.

## **PSYC 204. EDUCATIONAL PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** PSYC 201 recommended.

Principles of learning and development as applied to improvements in classroom instruction.

## **PSYC 205. DISABILITY AND PSYCHOLOGY. 5 Credits.**

**Cross-listed:** DSST 205.

**Satisfies:** a BACR for social sciences.

Explores the lived social and psychological experience of disabled individuals from a disability studies perspective that "disability" is a socially construct rather than an individual-deficiency. Examines strengths and limitations of traditional psychology and disability studies based scholarship and approaches. Engagement in psychological enquiry into how disabled people can forge positive identities and how disabled people collectively build disability culture and community.

## **PSYC 231. SCIENCE OF STRESS AND COPING. 3 Credits.**

**Satisfies:** a BACR for natural science.

Designed to introduce the range of psychological and environmental stressors and their potential psychological and physiological consequences. This course assists in learning basic terminology and theories as well as scientific understanding. Focus is on critical evaluation of the literature regarding stress and coping, and the opportunity to practice and evaluate methods of coping with stress through labs to contribute to better health.

## **PSYC 296. EXPERIMENTAL COURSE. 1-5 Credits.**

Experimental course, topic and focus to be determined.

## **PSYC 297. WORKSHOP, SHORT COURSE, CONFERENCE, SEMINAR. 1-5 Credits.**

Focused area of study within psychology.

## **PSYC 298. SEMINAR. 1-6 Credits.**

Focused area of study within psychology.

## **PSYC 299. DIRECTED STUDY. 1-6 Credits.**

Focused area of study within psychology.

## **PSYC 301. THEORIES OF PERSONALITY. 5 Credits.**

An objective and comprehensive study of the major theories of personality.

## **PSYC 302. ABNORMAL PSYCHOLOGY. 5 Credits.**

Explores and evaluates research and theoretical concepts relating to deviant and abnormal behavior.

## **PSYC 303. FOUNDATION OF PSYCHOTHERAPY. 5 Credits.**

**Pre-requisites:** PSYC 301 and PSYC 302.

Survey of theories of psychotherapy. Particular attention is given to effectiveness of theory construction. Evaluates the role of intervening variables and logical consistency.

## **PSYC 305. CHILD AND ADOLESCENT DEVELOPMENT. 4 Credits.**

**Pre-requisites:** English proficiency; math proficiency recommended.

Mental, physical, social and emotional development from infancy through adolescence.

**PSYC 306. ADULT DEVELOPMENT. 4 Credits.**

**Pre-requisites:** English proficiency; Quantitative and Symbolic Reasoning proficiency recommended.  
Covers the processes, evidence, theories and socio-cultural influences on adults.

**PSYC 307. PSYCHOLOGY OF ADJUSTMENT. 5 Credits.**

**Pre-requisites:** English proficiency; Quantitative and Symbolic Reasoning proficiency recommended.  
A psychological approach to human behavior, growth and change.

**PSYC 309. SCIENTIFIC PRINCIPLES OF PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** English proficiency.  
The study of the methodology and attitudes of psychology irrespective of any special area. Considers techniques for evaluating information, discovering invalid interpretations, and uncovering alternative explanations. These are illustrated by reading research articles and classroom discussion of the articles and of popular beliefs.

**PSYC 310. PSYCHOLOGICAL STATISTICS. 5 Credits.**

**Pre-requisites:** Quantitative and Symbolic Reasoning proficiency required. PSYC 309 recommended.  
Introduces techniques for organizing distributions, summarizing their key properties, describing the relative standing of individual scores, and measuring relations between pairs of variables. In the second half of the course, hypothesis testing is examined using a variety of common parametric and nonparametric procedures, including the ANOVA.

**PSYC 312. COMPUTER STATISTICAL ANALYSIS. 4 Credits.**

**Pre-requisites:** PSYC 310 or CSBS 320 or equivalent.  
An introduction to the use of computerized statistical packages and programs in the statistical analysis of data. Topics include describing the distribution of a single variable, graphing variables, organizing multivariate data, and testing hypotheses with t-tests, the analysis of variance, regression, and selected nonparametric tests.

**PSYC 314. TESTS AND MEASUREMENTS. 5 Credits.**

**Pre-requisites:** PSYC 310 or CSBS 320 or equivalent.  
Provides a current analysis of the most widely used psychological tests in schools, professional training programs, business, industry, the military, and clinical settings. Students learn how psychological tests are constructed, how they are used, and how an understanding of them can make a difference in their careers and everyday lives. Issues of fairness, bias, and social consequences for use and interpretation with diverse populations are addressed.

**PSYC 315. PSYCHOLOGY OF HUMAN RELATIONS. 4 Credits.**

**Pre-requisites:** English proficiency and junior standing.  
Provides communication strategies from the behavioral sciences designed to establish positive relationships with individuals.

**PSYC 316. HUMAN MEMORY AND COGNITION. 5 Credits.**

**Pre-requisites:** junior level standing or permission of the instructor.  
Examination of the principles and theories of human memory and selected topics in cognitive psychology.

**PSYC 317. HEALTH PSYCHOLOGY. 5 Credits.**

**Notes:** PSYC 309 recommended.  
**Pre-requisites:** junior standing.  
An examination of the psychological influences on health including both wellness and illness; a focus on the etiology and correlates of health and illness as well as the prevention and treatment of illness. Exploring the psychological dynamics at work in utilization of the health care system and patient-practitioner interactions. Specific coverage of the illness process in pain, lung disease, stress, chronic illness, and AIDS.

**PSYC 319. BLACK PSYCHOLOGY. 5 Credits.**

**Cross-listed:** AAST 319.  
**Pre-requisites:** junior standing or permission of the instructor.  
This is an emerging discipline that recognizes the observance of African centered approaches, practices, and methodologies to understand the experiences and treat the needs of Black people. Students explore how Afrocentric approaches provide a basis for knowing and understanding the Black self and a resultant state of Black consciousness and positive identity. Students cultivate an awareness of the progress and formation of positive Black identity.

**PSYC 321. CARE AND CUSTODY OF FEMALE OFFENDERS. 5 Credits.**

**Pre-requisites:** junior standing.  
**Satisfies:** a university graduation requirement—diversity.  
Explores the care and custody of female offenders in the criminal justice system, with particular focus on psychological factors and mental health treatment.

**PSYC 323. DRUGS AND BEHAVIOR. 5 Credits.**

**Pre-requisites:** PSYC 100 recommended.  
An introduction to the action, use, and abuse of psychotropic agents from analgesics to hallucinogens. Special attention given to drug abuse.

**PSYC 324. CONDITIONING AND LEARNING. 4 Credits.**

**Pre-requisites:** PSYC 201 or PSYC 305 or PSYC 306.  
A study of human learning emphasizing conditions for acquisition, learning structures, learning sets, levels of learning and measurement.

**PSYC 325. COGNITIVE AND BEHAVIOR CHANGE. 4 Credits.**

**Pre-requisites:** junior standing.

Designed to examine various cognitive and behavioral change procedures in terms of their theoretical basis and applied strategies. Operant, respondent, social learning, and cognitive theories and their applications are studied. Students are required to engage in a self-change project throughout the quarter in order to better understand the principles of cognitive and behavioral change.

**PSYC 331. PSYCHOLOGY OF WOMEN. 4 Credits.**

**Cross-listed:** GWSS 331.

**Pre-requisites:** English proficiency (ENGL 201 or equivalent).

**Satisfies:** a university graduation requirement—diversity.

The psychology of women and gender in terms of history, bodies, socialization, personality, affiliation, achievement, motivation, mental health, and personal growth needs.

**PSYC 340. EMOTION AND EMOTIONAL INTELLIGENCE. 5 Credits.**

**Pre-requisites:** PSYC 100 or equivalent.

Explores the psychology of emotion and how emotion impacts behavior and experience. Investigates what emotion is, how it can be measured, basic theories of emotion, and what factors contribute to the different emotional states. Issues related to emotional intelligence are also explored, with particular emphasis on emotion identification, understanding, and regulation.

**PSYC 344. INTRODUCTION TO THE HELPING PROFESSIONS. 4 Credits.**

**Pre-requisites:** PSYC 305 and declared Applied Developmental Psychology major or minor.

Provides an introduction to a wide variety of helping professions with essential ideas and information pertaining to the work of helping professionals. Content addresses the helping professions, their specializations, histories, ethics, communication skills, potential challenges to professional effectiveness in the helping professions, and models of problem solving for those working in the helping professions.

**PSYC 359. HUMAN SEXUALITY. 5 Credits.**

Psychological, biological, and cultural perspectives of human sexual behavior. The basis for successful functioning; frequency and significance of various types of sexual behavior; anatomy and physiology of reproduction; sexual inadequacy and deviations.

**PSYC 374. CULTURAL PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** PSYC 100.

**Satisfies:** a university graduation requirement—global studies.

Investigates the literature and methods involved in the psychological study of people from different cultures—both subcultures within the US and peoples from around the world. It also addresses the question of universality of psychological phenomenon.

**PSYC 381. SOCIAL PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** PSYC 309 recommended.

Individual behavior as socially determined: interpersonal attraction, aggressiveness, attitude formation, group dynamics, conformity, and leadership.

**PSYC 396. EXPERIMENTAL COURSE. 1-5 Credits.**

Experimental course, topic and focus to be determined.

**PSYC 397. WORKSHOP, SHORT COURSE, CONFERENCE, SEMINAR. 2 Credits.**

Focused area of study within psychology.

**PSYC 398. SEMINAR IN PSYCHOLOGY. 1-5 Credits.**

Focused area of study within psychology.

**PSYC 399. DIRECTED STUDY. 1-6 Credits.**

**Pre-requisites:** permission of the instructor and the department chair.

Focused area of study within psychology.

**PSYC 402. BEHAVIOR MODIFICATION. 4 Credits.**

**Pre-requisites:** PSYC 305, PSYC 324 or permission of the instructor.

Behavior modification provides an in-depth exposure to the principles, concepts and procedures from both behavioral and cognitive theories as applied to individuals, couples and families, organizational groups and community settings.

**PSYC 404. MENTAL HEALTH LAW AND ETHICAL PRACTICE. 2 Credits.**

**Pre-requisites:** PSYC 302 and PSYC 420, or declared Behavioral Health Support Specialist Certificate, or instructor permission.

Guides students through engagement and critical thinking when resolving ethical dilemmas and mental health law that are commonplace in mental health service (example: therapy/counseling services).

**PSYC 405. DEVELOPMENTAL THEORIES AND APPLICATIONS. 4 Credits.**

**Pre-requisites:** PSYC 305 and PSYC 315, or permission of the instructor.

Covers principles and concepts of major theories of human development, evaluation of theories, appreciation of alternative views of development and alternative strategies for enhancing development.

**PSYC 408. COLLABORATIVE CARE & BHSS INTERNSHIP PREP. 5 Credits.**

**Pre-requisites:** PSYC 302 and PSYC 317 each with a grade  $\geq$ B.

The role and application of psychology and behavioral health in integrative and collaborative care settings.

**PSYC 409. BEHAVIORAL HEALTH MANAGEMENT AND INTERVENTION. 5 Credits.**

**Pre-requisites:** PSYC 302, PSYC 317, and PSYC 408, each with a grade  $\geq$ B.

The application of psychology to behavioral health and primary care settings, with attention to basic helper skills and a range of existing psychological interventions.

**PSYC 413. RESEARCH METHODS IN PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** PSYC 310 and PSYC 309 with a grade  $\geq$ C; English proficiency or equivalent.

An introduction to typical research methods used in psychology.

**PSYC 420. BIOLOGICAL BASIS OF BEHAVIOR. 5 Credits.**

**Pre-requisites:** PSYC 309.

Organic foundations of behavior.

**PSYC 425. PSYCHOLOGY AND THE LEGAL SYSTEM. 5 Credits.**

**Pre-requisites:** PSYC 100 or permission of the instructor.

Designed to provide an introduction to the field of forensic psychology. Provides an overview of the role of mental health professionals in correctional settings and in conducting forensic evaluations.

**PSYC 427. INTIMATE RELATIONSHIPS. 5 Credits.**

**Pre-requisites:** PSYC 100 and junior standing or permission of instructor.

Explores how social scientists think about, study, research and treat intimate relationships. Issues of communication, gender, sexual orientation, and culture are explored within the context of intimate relationships.

**PSYC 429. PSYCHO-ONCOLOGY. 5 Credits.**

**Notes:** Recommended: PSYC 317 with a grade  $\geq$ B. Fulfills: Psychology B.A. program: Cluster B and Health Psychology B.S. program: Elective.

**Pre-requisites:** PSYC 100 with a grade  $\geq$ B.

Covers the following areas in psycho-oncology: stages of cancer survivorship (diagnosis, treatment, survivorship); common psychosocial and survivorship issues within a biopsychosocial framework by specific cancers (e.g., breast, prostate, lung, skin, and cancers common in children); health disparities involving cancer; Health-related stigma in the context of the cancer experience.

**PSYC 440. HAPPINESS AND POSITIVE PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** junior standing.

Happiness has been a neglected topic in psychology, and yet is an important human pursuit. This course investigates what happiness is, how it can be assessed, and what factors facilitate happiness. Other human virtues important to well-being such as gratitude, wisdom, courage, humanity, justice, temperance, and transcendence are explored.

**PSYC 441. COMPASSION FOCUSED THERAPY. 4 Credits.**

**Notes:** may be stacked with PSYC 541.

**Pre-requisites:** PSYC 100, PSYC 302 preferred.

Presents the theoretical background and approach to psychotherapy taken in Compassion Focused Therapy (CFT). CFT is based in evolutionary psychology, affective neuroscience, cognitive-behavior therapy, and centuries-old mindfulness and compassion practices. Students learn to understand emotional difficulties and work with them.

**PSYC 450. TRAUMA: THEORY, ASSESSMENT AND TREATMENT. 4 Credits.**

**Pre-requisites:** recommend PSYC 302.

Explores traumatic experience in terms of substance, impact, and reactions, including the assessment and treatment of trauma-related psychopathology.

**PSYC 452. SOCIAL INFLUENCE. 4 Credits.**

**Pre-requisites:** junior standing or permission of instructor.

Focus on topics pertaining to social influence, including persuasion, compliance, and obedience. The course covers both intentional and unintentional forms of influence from a psychological perspective.

**PSYC 461. INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** junior level standing or higher or instructor permission.

Applies psychological principles and methods to the workplace, including employee selection, motivation, performance and behavior; the structure and function of occupational positions and activities; and the nature, processes, and development of organizations.

**PSYC 470. CHILDHOOD PSYCHOPATHOLOGY AND TREATMENT. 5 Credits.**

**Pre-requisites:** PSYC 100 or instructor permission.

Focuses on psychopathological disorders of childhood and adolescence, critically attending to normal and abnormal developmental sequences. Attention is given to the diagnosis and implications of such disorders and to clinical intervention methods.

**PSYC 476. CHILD AND FAMILY GUIDANCE. 4 Credits.**

**Pre-requisites:** PSYC 305, PSYC 324 or permission of the instructor.

The interaction between parents and children, the development and socialization of the child within the family, and the relationship of the family to the school and community from a developmental perspective. Approaches to child rearing, management, discipline, and communication for parents, teachers, and other child care personnel are presented. Also examines family social support functions and considers multicultural issues in child socialization and guidance.

**PSYC 481. PREJUDICE AND STEREOTYPING. 5 Credits.**

**Pre-requisites:** PSYC 381 or instructor permission.

A discussion course that examines the social psychological underpinnings of prejudice, stereotyping, and discrimination. Topics address specific types of prejudice such as sexism and racism, individual differences and cognitive states that can lead to prejudice, the effect of prejudice on its targets, and reducing prejudice.

**PSYC 483. GROUP DYNAMICS. 5 Credits.**

**Pre-requisites:** declared Applied Developmental Psychology major, PSYC 307 and PSYC 315, or permission of the instructor.

Introduces the principles formed through the scientific study of group dynamics within a developmental context via multi-level analysis (i.e. individual group members, sub-groups within a group, whole groups, intra-group dynamics, inter-group dynamics, and the intersectionality of groups) while considering the applications of these scientific principles in the helping professions and the challenges associated with studying groups.

**PSYC 490. SENIOR CAPSTONE: THE TRADITION OF PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** PSYC 309, PSYC 310, and PSYC 413 all with a grade  $\geq$ C and a declared psychology major.

**Satisfies:** a university graduation requirement—senior capstone.

The course consists of four components: the history of psychology; a collaborative project; portfolio preparation; and coverage of graduate school and career preparation information.

**PSYC 491. SENIOR THESIS. 4 Credits.**

**Pre-requisites:** permission of the instructor/advisor.

**Satisfies:** a university graduation requirement—senior capstone.

Directed research resulting in a formal write-up. Limited to those students for whom research experience will be helpful in obtaining entrance to graduate school.

**PSYC 493. FIELD STUDY IN APPLIED DEVELOPMENTAL PSYCHOLOGY. 4 Credits.**

**Notes:** Students may repeat once for a total of 8 credits. If a student fails PSYC 493, the course may be repeated only once; students have a maximum of one repeat.

**Pre-requisites:** PSYC 305, PSYC 324, a declared B.S. ADPY Major and instructor permission.

Introduces students to professional human service settings through shadowing a professional in the community.

**PSYC 495. INTERNSHIP. 1-15 Credits.**

**Pre-requisites:** permission of the instructor, department chair and college dean.

Individualized learning and career development through an off-campus internship. An internship agreement-learning contract form is required. Two sections are available, one for psychology majors and one for non-psychology majors.

**PSYC 495A. INTERNSHIP - BEHAVIORAL HEALTH SUPPORT SPECIALIST CERTIFICATE (BHSS). 4 Credits.**

**Notes:** students must complete two quarters of internship for the BHSS certificate.

**Pre-requisites:** completion of PSYC 408 with a grade  $\geq$ B. Completion of BHSS certificate prerequisites.

Internship experience in applied setting to support training for the Behavioral Health Support Specialist Certificate.

**PSYC 496. EXPERIMENTAL COURSE. 1-5 Credits.**

Experimental course, topic and focus to be determined.

**PSYC 497. WORKSHOP, SHORT COURSE, CONFERENCE, SEMINAR. 1-5 Credits.**

Focused area of study within psychology.

**PSYC 498. SEMINAR. 1-5 Credits.**

Focused area of study within psychology.

**PSYC 499. DIRECTED STUDY. 1-15 Credits.**

**Pre-requisites:** permission of the instructor and the department chair.

Focused area of study within psychology.

**PSYC 502. ADVANCED TESTS AND MEASUREMENT. 4 Credits.**

Provides a foundation for using psychological measurement concepts and skills in research and practice. Provides a theoretical and practical basis for evaluating, selecting, and creating test and measurement tools in research and practice. Focuses on practical applications and is appropriate for applied researchers and practitioners.

**PSYC 505. APPLIED LEARNING THEORY AND BEHAVIOR MODIFICATION. 4 Credits.**

**Pre-requisites:** graduate standing in the School of Psychology.

Applied learning theory, methodology, and research paradigms are defined and their inter-theory, inter-subject, inter-problem-solving relevance demonstrated.

**PSYC 506. LIFESPAN DEVELOPMENT IN COUNSELING. 4 Credits.**

**Pre-requisites:** admission to the graduate counseling program: clinical mental health or permission of the instructor.

Major theories of individual and family development, the nature and needs of individuals at all developmental levels, and the counseling implications associated with developmental processes are covered.

**PSYC 510. PROFESSIONAL SCHOOL PSYCHOLOGY PRACTICE. 4 Credits.**

**Pre-requisites:** admission to the graduate program in school psychology.

First course in the series of Professional School Psychology and focuses on the history and principles of school psychology, the professional role of the school psychologist, and current trends in education. Includes various pre-practicum observations in applied settings.

**PSYC 511. PROFESSIONAL SCHOOL PSYCHOLOGY LAW. 4 Credits.**

**Pre-requisites:** admission to the graduate program in school psychology.

Focuses on the impact of legal issues on the role and functions of school psychologists in Washington.

**PSYC 512. PROFESSIONAL SCHOOL PSYCHOLOGY ETHICS. 4 Credits.**

**Pre-requisites:** PSYC 510.

Third course in the series of professional school psychology and focuses on professional practice and ethical issues in the field. Best practices in school psychology and considerations of NASP, AERA, and APA ethical guidelines and codes of conduct are covered. Includes pre-practicum observations in applied settings.

**PSYC 513. FAMILY, SCHOOL, AND COMMUNITY COLLABORATION: DEVELOPMENT AND TRANSITION. 4 Credits.**

**Notes:** EdS School Psychology Degree requirement.

**Pre-requisites:** admission to the School Psychology EdS Program.

Covers how to partner with families and community agencies for intervention and key transitions such as preschool services to school-age services as well as high school to 18–21 services and postsecondary living. Covers typical physical, cognitive, adaptive, social/emotional, and communication in child development, adverse childhood experiences (ACEs), trauma-informed care, strategies to collaborate with families and community agencies, and transition assessment and planning.

**PSYC 516. HUMAN MEMORY AND COGNITION. 5 Credits.**

**Pre-requisites:** graduate standing or permission of the instructor.

Examination of the principles and theories of human memory and selected topics in cognitive psychology.

**PSYC 517. HEALTH PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** graduate standing or permission of the instructor.

An examination of the psychological influences on health including both wellness and illness; a focus on the etiology and correlates of health and illness as well as the prevention and treatment of illness. Exploring the psychological dynamics at work in utilization of the health care system and patient-practitioner interactions. Specific coverage of the illness process in pain, heart disease, cancer, stress, and chronic illnesses.

**PSYC 520. EVIDENCE-BASED RESEARCH FOR COUNSELING. 4 Credits.**

**Pre-requisites:** admission to MS in Counseling. If from a related area, instructor permission is required.

A critical analysis of research methodologies in psychology and counseling. Emphasis is placed on developing student skills in asking and answering sound research questions. In addition, becoming adept at knowing treatment efficacy.

**PSYC 521. CARE AND CUSTODY OF FEMALE OFFENDERS. 5 Credits.**

**Pre-requisites:** graduate standing.

Explores the care and custody of female offenders in the criminal justice system, with particular focus on psychological factors and mental health treatment.

**PSYC 523. EVIDENCE BASED PRACTICES. 4 Credits.**

**Notes:** This program is for students enrolled in the EdS School Psychology Programs. Other students may enroll with the permission of the instructor.

Provides an overview of research-based core curriculum and instruction and evidence-based supplemental interventions. Students develop strong Multi-tiered Systems of Support (MTSS) that blend academic assessment and intervention with Positive Behavior Interventions and Supports (PBIS) and Social-Emotional Learning (SEL), with a focus on culturally responsive and socially just practices that lead to safe and supportive schools with strong home-school collaboration.

**PSYC 524. ADVANCED CONSULTATION FOR INTEGRATED MTSS. 4 Credits.**

Provides knowledge and skills in systems-level consultation to effectively implement integrated Multi-tiered Systems of Support (MTSS) in K–12 schools. Includes a focus on data-based decision making, family, community, and school partnerships, and evidence-based practices to support Social Emotional Learning and student mental health.

**PSYC 525. PSYCHOLOGY AND THE LEGAL SYSTEM. 5 Credits.**

Designed to provide an introduction to the field of forensic psychology. Provides an overview of the role of mental health professionals in correctional settings and in conducting forensic evaluations.

**PSYC 526. ACADEMIC ASSESSMENT FOR SCHOOL PSYCHOLOGY. 4 Credits.**

**Pre-requisites:** enrollment in school psychology program or MS psychometry program.

An in-depth review of the purposes and methods of academic assessment in school psychology practice. The course focuses on the administration of various academic assessments and interpretation of the scores obtained from the instruments for use in making data-based decisions. Special attention is given to the applicability of assessments to diverse student populations.

**PSYC 528. INTRO TO SOCIAL-EMOTIONAL LEARNING FOR EDUCATIONAL EQUITY. 2 Credits.**

Explores introductory concepts related to SEL and discovers how the five areas of self-awareness, self-management, social awareness, relationship skills, and responsible decision-making provide a foundation for healthy living. Explores the Washington State standards and benchmarks for SEL and practice beginning skills for SEL. Serves as an introduction to the graduate certificate in Social-Emotional Learning for Educational Equity (SEL-EE).

**PSYC 529. PSYCHO-ONCOLOGY. 5 Credits.**

**Notes:** recommended: PSYC 317 with a grade  $\geq$ B.

**Pre-requisites:** PSYC 100 with a grade  $\geq$ B.

Covers the following areas in psycho-oncology: stages of cancer survivorship (diagnosis, treatment, survivorship); common psychosocial and survivorship issues within a biopsychosocial framework by specific cancers (e.g., breast, prostate, lung, skin, and cancers common in children); health disparities involving cancer; health-related stigma in the context of the cancer experience.

**PSYC 530. SOCIAL EMOTIONAL LEARNING THEORY AND APPLICATIONS. 3 Credits.**

**Pre-requisites:** PSYC 528.

Covers principles for the effective delivery of Social and Emotional Learning within school-based settings. Covers the common components in SEL curriculum, factors associated with successful outcomes, and steps required for sustainable school-wide implementation. Emphasizes the development and delivery of equitable services for all students.

**PSYC 532. RESEARCH & PROGRAM EVALUATION. 4 Credits.**

**Pre-requisites:** accepted to the School psychology graduate program or by permission of the instructor.

Provides knowledge and fundamental skills in the evaluation of educational and human service programs. Emphasis is on the evaluator's responsibility for designing and implementing an evaluation, conducting data analysis, and reporting evaluation results for continuous program improvement. Covers qualitative and quantitative methods to evaluate systems' needs, program acceptability, fidelity, and effectiveness in school-based and clinical settings.

**PSYC 533. SINGLE CASE DESIGN: EVALUATING EDUCATIONAL INTERVENTIONS. 4 Credits.**

**Pre-requisites:** enrollment in the EdS School Psychology Program or permission of instructor.

Assists candidates in evaluating educational interventions using single case research design. Covers the components, strengths, and limitations of single case design research. Covers the simple "B" Design to more complex single case designs. Examines issues related to validity and reliability of single case research and connects this research methodology to relevant topics in school psychology.

**PSYC 534. HUMAN NEUROPSYCHOLOGY. 4 Credits.**

**Pre-requisites:** admission to school psychology program or instructor permission.

The relationships between physiological processes and behavior. Review of current neuropsychological assessments.

**PSYC 535. INTRODUCTION TO CLINICAL MENTAL HEALTH COUNSELING. 4 Credits.**

**Pre-requisites:** admission to the graduate counseling program, clinical mental health specialty.

Provides an overview of the role of the clinical mental health counselor in the community. It includes an examination of the history, philosophy, professional practice, advocacy, ethics, and laws pertaining to clinical mental health counselors. Students also interact with clinical mental health counselors in the community.

**PSYC 539. SEMINAR IN SPECIAL TOPICS. 1-5 Credits.**

**Notes:** may be graded Pass/No Credit.

Focused area of study within psychology.

**PSYC 541. COMPASSION FOCUSED THERAPY. 4 Credits.**

**Notes:** may be stacked with PSYC 441.

**Pre-requisites:** graduate standing in the School of Psychology.

Presents the theoretical background and approach to psychotherapy taken in Compassion Focused Therapy (CFT). CFT is based in evolutionary psychology, affective neuroscience, cognitive-behavior therapy, and centuries-old mindfulness and compassion practices. Students learn to understand emotional difficulties and work with them.

**PSYC 542. CAREER COUNSELING. 4 Credits.**

**Pre-requisites:** admission to the graduate clinical mental health counseling program or permission of instructor.

Career development theory; educational and vocational information; career decision-making processes; components of school or community career programs.

**PSYC 543. SCHOOL MENTAL HEALTH THEORY. 4 Credits.**

**Pre-requisites:** admission to the graduate program in school psychology.

Provides an overview of theories and practices relevant to educational settings, emphasizing both individual and group counseling. Explores the role of school psychologists in Multi-Tiered System of Supports and covers evidence-based practices for addressing mental health concerns in schools.

**PSYC 544. COUNSELING THEORY AND TECHNIQUES. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

An introduction to principles of counseling, and a survey of contemporary theories and techniques.

**PSYC 545. APPRAISAL IN MENTAL HEALTH COUNSELING. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

The administration, scoring and interpretation of standardized tests in the mental health counseling profession. Includes a focus on testing ethics, sources of testing bias and diversity issues in assessment, as well as the use of interview assessment/mental status exam and psychological testing for treatment planning.

**PSYC 546. TRAUMA INFORMED COUNSELING. 4 Credits.**

**Pre-requisites:** admission to graduate counseling program.

Reviews current foundations, conceptualizations, and interventions for trauma-informed counselors. Topics include assessment and diagnosis, individual and community resiliency, types and causes of trauma, neuroscience of trauma, and vicarious trauma of clinicians. Multicultural and ethical considerations are addressed throughout. Instruction is delivered via dyadic lecture, experiential activities, large and small group discussion, and role plays.

**PSYC 548. COUNSELING CHILDREN AND ADOLESCENTS. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Counseling principles and techniques as applied to children and adolescents are presented and analyzed.

**PSYC 550. TRAUMA: THEORY, ASSESSMENT AND TREATMENT. 4 Credits.**

**Pre-requisites:** undergraduate degree in psychology or related field.

Explores traumatic experience in terms of substance, impact, and reactions, including the assessment and treatment of trauma-related psychopathology.

**PSYC 553. SOCIAL, EMOTIONAL AND BEHAVIORAL ASSESSMENT OF CHILDREN AND ADOLESCENTS. 4 Credits.**

**Pre-requisites:** admission to a psychology graduate program.

Covers assessment techniques to examine social, emotional, and behavioral functioning in children and adolescents. A problem solving approach is utilized with training in reviewing, interviewing, observing, and testing children. Major tests considered and applied include broad rating scales such as the Achenbach and BASC systems and narrow rating scales utilized to diagnose more specific disorders.

**PSYC 554. COGNITIVE ASSESSMENT. 4 Credits.**

**Pre-requisites:** admission to psychology, school psychology program.

Provides in-depth training in cognitive assessment, including intelligence, memory, academic, and special abilities testing.

**PSYC 558. SCHOOL PSYCHOLOGY PRACTICUM. 1-8 Credits.**

**Notes:** Graded Pass/Fail. Repeatable for credit.

Supervised experience of school psychology students in assessment, intervention, and consultation, as well as professional and ethical areas.

**PSYC 559. ASSESSMENT. 4 Credits.**

**Pre-requisites:** graduate standing in psychology.

Students administer, score, report, and interpret published norm-referenced measures of intelligence, memory, achievement, perceptual, adaptive, and special abilities typically used in educational environments.

**PSYC 560. SCHOOL PSYCHOLOGY CONSULTATION. 4 Credits.**

**Pre-requisites:** admission to the graduate program in school psychology.

Focuses on the history and principles of collaborative consultation and their application within the school setting. While traditional models of consultation are taught (organizational, behavioral, and mental health), this course explores the key components to developing healthy family-school relationships and requires students to work with parents and teachers through problem solving consultation. Consultation with systems as a preventive strategy is also emphasized.

**PSYC 561. INDUSTRIAL AND ORGANIZATIONAL PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** graduate standing.

Surveys the application of psychological principles and methods of work. Includes employee selection, motivation, performance, and behavior; the structure and function of occupational positions and activities; and the nature, processes, and development of organizations.

**PSYC 563. SCHOOL BASED INDIVIDUAL COUNSELING. 3 Credits.**

**Pre-requisites:** PSYC 510 and PSYC 543.

Students apply theoretical knowledge to the application of counseling. Students learn to assess individual student needs, determine appropriate counseling approaches, develop comprehensive treatment plans, and implement effective counseling interventions. Through supervised counseling sessions with student clients, students demonstrate competency in applying various counseling techniques and modalities to address mental health concerns and enhance understanding of issues.

**PSYC 565. DEVELOPMENTAL PSYCHOPATHOLOGY. 4 Credits.**

**Pre-requisites:** graduate standing in psychology.

Focuses on psychopathological disorders of childhood and adolescence, critically attending to normal and abnormal developmental sequences. Attention is given to the diagnosis and implications of such disorders, and to clinical and educational intervention methods.

**PSYC 568. SCHOOL-BASED PSYCHOEDUCATIONAL GROUP COUNSELING. 2 Credits.**

**Pre-requisites:** PSYC 510 and PSYC 543.

Students apply theoretical knowledge of psychoeducational counseling to design and lead counseling groups in educational settings. Focuses on developing leadership skills to effectively facilitate group sessions and address the diverse needs of student populations. Under supervision, students actively engage in designing, implementing, and evaluating psychoeducational counseling groups.

**PSYC 569. RELATIONAL COUNSELING. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Introduces theories and best practices involved with counseling couples and families. Students learn to think systemically and apply family therapy concepts, dynamics, theories, and techniques to working with individuals, couples, and families in various settings.

**PSYC 570. CHILDHOOD PSYCHOPATHOLOGY AND TREATMENT. 5 Credits.**

**Pre-requisites:** graduate standing.

Focuses on psychopathological disorders of childhood and adolescence, critically attending to normal and abnormal developmental sequences. Attention is given to the diagnosis and implications of such disorders and to clinical intervention methods.

**PSYC 571. INTRODUCTORY COUNSELING SKILLS. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Provides an understanding and experiential practice of the skills needed to form a working alliance, explore presented issues, and begin assessment and treatment planning with clients. Participants become familiar with the initial stages of counseling, effective techniques for managing the interaction process, and the importance of self-awareness in the counselor.

**PSYC 572. ADVANCED COUNSELING SKILLS. 4 Credits.**

**Pre-requisites:** admission to graduate counseling program and instructor permission.

Provides a continued understanding and experiential practice of the skills needed to integrate theory into working with clients. Participants become more familiar with the techniques connected to counseling theory for effecting change with clients. This course builds upon microskills acquired in counseling skills course.

**PSYC 574. CULTURAL PSYCHOLOGY. 5 Credits.**

**Pre-requisites:** psychology graduate status.

Investigates the literature and methods involved in the psychological study of people from different cultures – both subcultures within the US and peoples from around the world. It also addresses the question of universality of psychological phenomenon. Graduate students focus particularly on how these findings apply within their graduate field of study.

**PSYC 575. DIAGNOSIS AND TREATMENT PLANNING. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Covers diagnostic processes, including differential diagnosis and the use of current diagnostic classification systems through the use of structured interviewing, symptom checklists, and personality and psychological testing. In addition, covers the use of culturally sustaining and developmentally appropriate assessments for diagnostic and intervention planning purposes.

**PSYC 576. PROFESSIONAL ISSUES IN MENTAL HEALTH COUNSELING. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Provides students an opportunity to transition from the role of a counselor in training to a beginning professional in the field of mental health counseling. Topics include advocacy, post graduate credentials, supervision, managed health care systems, agency and private practice, and consultation. An emphasis is placed on professional identity in the field.

**PSYC 578. SEXUALITY IN COUNSELING. 3 Credits.**

**Pre-requisites:** admission to the MS Counseling program or permission of instructor.

Issues of sexuality and intimacy are significant concerns for many individuals, couples, and families. This course is designed for clinical counseling students and explores their understanding of the complex relationship between sexual identity, sexual desires, gender norms, and gender identities, particularly as they intersect with other aspects of belonging (family, race, religion, social class, ethnicity, disability, etc.).

**PSYC 579. ADVANCED DIAGNOSTIC ASSESSMENT. 4 Credits.**

**Pre-requisites:** admission to the graduate program in school psychology; successful completion of PSYC 554 and PSYC 526.

An advanced assessment course prepares candidates for diagnosis and classification in accordance with multiple theories existing in clinical and educational research. Utilize cognitive, academic, and social/emotional data in hypotheses regarding the presence of learning and social-emotional disabilities and in planning for intervention delivery. Emphasis on the complex variables of culture, environment, and language in making inferences regarding the presence of a disability.

**PSYC 583. GROUP EXPERIENCE. 1 Credit.**

**Pre-requisites:** admission to the MS Counseling program.

Provides a group process experience in the clinical mental health specialization.

**PSYC 584. GROUP THEORY AND PROCESS. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Covers theoretical foundations of group counseling and group work, in addition to the dynamics associated with group process and development. Includes the characteristics and functions of effective group leaders by serving as facilitators of groups.

**PSYC 587. ADDICTIVE BEHAVIOR COUNSELING. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Graduate course of theory and pragmatics in addictive behavior counseling that documents the personal, social and cultural impact of addiction. Designed for those with a specific interest in the nature and treatment of addictive behavior and students preparing for careers in the helping professions. Presents an integrated overview of modern research and intervention approaches. A variety of viewpoints, theories, and treatment approaches are introduced.

**PSYC 588. CRISIS INTERVENTION. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Designed to provide an overview of the theory, impact, issues, and skills of crisis counseling due to traumatic events such as: violence, child abuse, mass casualty events as well as the nature, causes, and symptoms of professional burnout for crisis workers. Examines models for working with children and adolescents, working with victims of violence, issues of health-related school, and crisis intervention.

**PSYC 590. MULTICULTURAL CONSIDERATIONS IN COUNSELING. 4 Credits.**

**Pre-requisites:** admission to the MS Counseling program.

Introduces a broad spectrum of issues of multicultural considerations in counseling, including an examination of their personal history/background and its impact on their perception of and response to diversity in clients. Topics include: the influence of heritage, cultural identities, attitudes, values, beliefs, understandings, within-group difference, and acculturative experiences on individuals' worldviews and help-seeking and coping behaviors.

**PSYC 592. SUICIDE ASSESSMENT AND TREATMENT. 1 Credit.**

**Notes:** undergraduate enrollment with instructor permission.

**Pre-requisites:** admission to the graduate counseling program, or instructor permission.

Provides an overview of suicide risk and protective factors. Outlines a working assessment framework to assign risk as well as intervention techniques and best practices, including referral when needed.

**PSYC 596. EXPERIMENTAL COURSE. 1-5 Credits.**

Experimental course, topic and focus to be determined.

**PSYC 597. WORKSHOP, SHORT COURSE, CONFERENCE, SEMINAR. 1-5 Credits.**

Focused area of study within psychology.

**PSYC 598. SEMINAR. 1-5 Credits.**

**Notes:** may be graded or offered Pass/No Credit at the discretion of the instructor.

Focused area of study within psychology.

**PSYC 599. INDEPENDENT STUDY. 1-5 Credits.**

Focused area of study within psychology.

**PSYC 600. THESIS. 1-15 Credits.**

**Pre-requisites:** permission of the instructor, department chair and college dean.

A bound research study conducted as partial fulfillment of a graduate degree in psychology under the direction of a graduate committee.

**PSYC 601. RESEARCH REPORT. 1-15 Credits.**

**Pre-requisites:** permission of the instructor, department chair and college dean.

A research study conducted as partial fulfillment of a graduate degree in the School of Psychology under the direction of a graduate committee.

**PSYC 602. SCHOOL PSYCHOLOGY PORTFOLIO. 1-6 Credits.**

**Pre-requisites:** admission to School Psychology Program.

Students prepare reflections and evidence to document their knowledge and competence in the NASP standards for training and practice. An informal presentation of the portfolio is provided to document readiness for the internship experience. Students provide a formal presentation as a culminating experience in the program.

**PSYC 694. PRACTICUM. 1-8 Credits.**

**Notes:** graded Pass/No Credit.

**Pre-requisites:** admission to School Psychology EDS program or Counseling MS program.

Supervised experience of a clinical or counseling nature in service areas or supervised experience in research.

**PSYC 695. INTERNSHIP IN SCHOOL PSYCHOLOGY. 1-6 Credits.**

**Notes:** may be graded Pass/No Credit.

**Pre-requisites:** permission of the instructor, department chair and college dean and must be in the school psychology program.

Experience under supervision in selecting, administering and scoring tests. Opportunities for diagnosis, counseling evaluation and reporting.

**PSYC 696. COLLEGE TEACHING INTERNSHIP. 1-5 Credits.**

**Pre-requisites:** permission of the instructor and the department chair.

Teaching a lower-division college course under the supervision of a regular faculty member. Includes course planning, arranging bibliographical and other instructional aids, conferences with students, experience in classroom instruction, and student and course evaluation.

**PSYC 697. INTERNSHIP IN COUNSELING. 1-10 Credits.**

**Pre-requisites:** permission of the instructor.

Provides clinical supervision of students' internship experiences in an approved agency or institution. Students engage in individual case presentation, group collaboration, and instructor guidance of professional development and skills enhancement.