RCLS 125. RECREATION AND LEISURE SERVICES ACTIVITIES. 1 Credit.
Notes: co-educational.
Backpacking, basic rock climbing, scuba diving, skiing (cross country), canoeing, and rafting.

RCLS 196. EXPERIMENTAL COURSE. 1-5 Credits.

RCLS 197. WORKSHOP, SHORT COURSE, CONFERENCE, SEMINAR. 1-5 Credits.

RCLS 201. RECREATION AND LEISURE IN MODERN SOCIETY. 4 Credits.
An introduction and orientation to the professional opportunities, areas, requirements, and responsibilities involved in the professional preparation of recreation and leisure services administrators. Includes basic problems and trends influencing the status of recreation and leisure in our contemporary society. Covers history, definitions, and professional organizations.

RCLS 206. OUTDOOR LIVING SKILLS. 4 Credits.
Notes: a 4-day backpacking trip is required to complete this course.
Pre-requisites: declared Outdoor Recreation Major or permission of instructor.
This class teaches the fundamental outdoor living skills needed to be proficient in wilderness backpacking and a variety of wilderness-based activities. Students will have the opportunity to learn the knowledge and skills of wilderness backpacking, cooking in the backcountry, navigation, wilderness leadership, trip planning, risk management, and environmental ethics. These skills are consistent with core competencies outlined by the Wilderness Education Association.

RCLS 220. LEADERSHIP IN RECREATION AND LEISURE SERVICES. 3 Credits.
Pre-requisites: must be a declared Recreation Major (Outdoor Recreation, Therapeutic Recreation or Recreation and Tourism Management) or Experiential Education and Group Facilitation Minor or permission of instructor.
Emphasis on the elements of leadership in the recreation setting. Designed to provide ideas on how to lead programs so they fit participant needs. Fieldwork is part of the requirement.

RCLS 225. GROUP FACILITATION TECHNIQUES. 4 Credits.
Notes: fieldwork is part of the course requirements.
This course teaches advanced leadership and facilitation skills for group initiatives and team building activities. Topics discussed include appropriate challenge activities to meet the needs of a specific group, understanding group dynamics, group goal setting and assessment, sequencing, framing, debriefing techniques and leadership considerations for individual and co-leader facilitation.

RCLS 230. WHITETWATER KAYAKING. 2 Credits.
This course is designed to instruct paddlers in whitewater kayaking techniques. The course will emphasize the essential skills needed for paddling moderately difficult rivers. The basic kayaking skills that are taught in the course include: paddle strokes, boat control, and basic whitewater safety information.

RCLS 240. OVERVIEW OF THERAPEUTIC RECREATION SERVICES. 4 Credits.
This course focuses on understanding the basic problems, needs and strengths of all disability groups in relation to developing and implementing a therapeutic recreation program.

RCLS 250. CAMP ADMINISTRATION AND LEADERSHIP. 3 Credits.
This course covers the philosophy, objectives, planning and operation of camps. It also provides an overview of counselors' responsibilities, programming, marketing, health and safety, as well as individual and group guidance techniques and trends.

RCLS 260. ARTS IN RECREATION. 3 Credits.
This course presents several media of art, i.e. mask making, clay, paper art, music and physical movement, and delves into the historical and cultural interpretations of each medium. Hands on application and practice with the medium follows, accompanied by teaching guidelines and discussion of adaptations for various populations.

RCLS 270. DIVERSITY AND SOCIAL JUSTICE IN RECREATION AND LEISURE SERVICES. 2 Credits.
Notes: taught fall and spring quarters.
Pre-requisites: RCLS 201 or permission of instructor.
This course is designed to enhance understandings of leisure in a diverse society. Students examine factors that influence leisure, explore how leisure mirrors broader cultural values, and learn ways to use leisure to expand their own cultural understandings. In addition, students learn to think critically, understand and respect different perspectives, and appreciate the cultural and contextual nature of their leisure choices and actions.

RCLS 290. WILDERNESS AND REMOTE FIRST AID. 3 Credits.
The purpose of this class is to provide individuals a foundation of first aid principles and skills to be able to respond to emergencies and give care in areas that do not have immediate emergency medical services (EMS) response.

RCLS 296. EXPERIMENTAL COURSE. 1-5 Credits.

RCLS 297. WORKSHOP, SHORT COURSE, CONFERENCE, SEMINAR. 1-5 Credits.

RCLS 300. PUBLICITY AND PROMOTION IN RECREATION. 4 Credits.
Provides skills, techniques and ideas for designing visual aids, working with the media and developing a five-step promotion package for recreation and leisure service agencies.

RCLS 305. WINTER CAMPING AND TRAVEL. 4 Credits.
Pre-requisites: RCLS 206 or permission of the instructor.
Introduction to winter camping and modes of oversnow travel such as snowshoeing and cross-country skiing. Emphasizes skill development in winter camping techniques, natural shelter construction, and equipment familiarization, supported through field experience.

RCLS 307. MOUNTAINEERING. 3 Credits.
Pre-requisites: RCLS 305 or permission of the instructor.
Designed to provide a comprehensive program of basic mountaineering. Intensive consideration given to snow and glacier travel as well as other skills necessary for safe alpine mountaineering. Includes two weekend field trips.

RCLS 313. PUBLIC LANDS AND OUTDOOR RECREATION. 4 Credits.
Pre-requisites: RCLS 201.
This course is designed to provide an overview of wildland recreation management history, principles, practices and contemporary issues. Additional emphasis of the course is to expose students to the seven principles that guide the mission of the Leave No Trace Center for Outdoor Ethics.
RCLS 315. WILDERNESS SURVIVAL. 3 Credits.
Provides basic life-support skills and information to help you predict and prepare for the types of emergencies you are likely to encounter in a particular geographic location. Course includes an overnight encounter with limited supplies.

RCLS 325. OUTDOOR ADVENTURE PROGRAMMING. 3 Credits.
A survey of outdoor adventure education programs. Includes historical development and future trends as well as methods of initiating outdoor adventure education within a curriculum or program.

RCLS 330. INTERMEDIATE WHITWATER KAYAKING. 2 Credits.
Notes: Further instruction and development is advised upon the completion of this course. The ACA recommends completing an advanced whitewater kayaking class as the next step in the student progression. See the instructors of this class or go to www.ACA.org for more information.

Pre-requisites: permission of instructor.
The course is best suited for paddlers who have continued to develop their kayaking skills and acquire experience in the whitewater environment, including the ability to reliably roll a capsized boat in Class II whitewater. The intermediate kayaking skills and information taught in this course emphasize developing good judgment and decision-making skills; group management; developing an ethic of environmental stewardship; intermediate paddling techniques and mechanics; the presentation of on-water scenarios to assess risk, evaluate rapid features, and develop strategies; and the principles of safety and rescue for individuals and groups.

RCLS 335. CHALLENGE COURSE PRACTITIONER. 4 Credits.
This course teaches proper technical and facilitation practices for spotted activities, low, and high challenge course elements. Emphasis is on developing the skills required to operate a challenge course including operations management, core, technical and facilitation competencies. Students are introduced to current challenge course industry standards for challenge courses. Course requirements include hands-on experience, spotting at low height and climbing at height.

RCLS 340. AQUATIC FACILITIES MANAGEMENT. 3 Credits.
Emphasis on pool, beach, and lake properties concerning operation, administration, maintenance, supervision, trends, water chemistry, health and safety, public relations and other aquatic topics.

RCLS 345. THERAPEUTIC RECREATION FOR PEOPLE WITH DISABILITIES. 4 Credits.
Pre-requisites: declared Therapeutic Recreation Major or permission of instructor.
This course covers the information necessary for you to identify, define and describe major physical disabilities including their implications for therapeutic recreation programming.

RCLS 349. YOUTH SPORTS MANAGEMENT. 2 Credits.
This course is designed to introduce students to the primary responsibilities of a programmer or administrator in the youth sports management setting. Topics include managing risk, finances, leagues and tournaments, parents, coaches, and referees.

RCLS 350. RECREATION PRACTICUM. 5 Credits.
Pre-requisites: RCLS 201.
Direct observation and on-the-job participation in the programming and operation of recreation programs within the local recreational community to enhance your programming, scheduling, and leadership techniques under a supervised situation.

RCLS 351. FIELD PRACTICUM. 1-15 Credits.
Involves the practical application of theoretical concepts and recreation-related skills in a recreation and leisure services organization. Requires three (3) hours of work, per week, for every credit assigned, i.e.; one credit equals thirty hours of work over a ten-week period. Students must document their work in accordance with PEHR department policies.

RCLS 355. LEAVE NO TRACE TRAINER. 2 Credits.
Notes: upon successful completion of the Trainer Course participants will receive a Leave No Trace Trainer Certificate.
This course is designed for individuals who are interested in teaching Leave No Trace Awareness Workshops or expanding their knowledge of Leave No Trace principles. Through classroom discussions, lectures and hands-on field experience, this course will cover the seven Leave No Trace principles and discuss outdoor ethics, and give participants the tools and techniques for disseminating low-impact skills to recreationists.

RCLS 360. FACILITY PLANNING AND ENVIRONMENTAL DESIGN. 4 Credits.
Notes: field work is part of the requirement.
Pre-requisites: RCLS 201 and junior standing or permission of the instructor.
Design and trends in recreation facilities, as well as knowing environmental design techniques, environmental impact statements, and inter-agency cooperation.

RCLS 370. OUTDOOR RECREATION AQUATIC PROGRAMS. 3 Credits.
Pre-requisites: RCLS 125 Rafting.
An overview of major outdoor aquatic adventures such as river rafting and kayaking. Emphasis placed on developing a fundamental awareness of skills necessary in each activity in addition to logistical and business aspects of conducting excursions.

RCLS 375. WHITWATER RAFTING GUIDE TECHNIQUES. 4 Credits.
Notes: the class will raft the most difficult sections of the Spokane River weekly and conclude with a four-day river trip.
Pre-requisites: declared Outdoor Recreation Leadership major or permission of the instructor.
This course focuses on the skills, knowledge and leadership techniques necessary for guiding rafts on whitewater rivers. Students will learn proficient technical skills to guide paddle rafts and oar rafts down class II, III and IV whitewater rivers. An emphasis on swiftwater rescue techniques will be provided throughout the course. Whitewater leadership skills and decision-making will be developed by students so they have the experience and competence to work as a whitewater raft guide.

RCLS 380. THEORY AND PRACTICE OF EXPERIENTIAL EDUCATION. 2 Credits.
This course is designed for students to examine and apply theoretical and practical foundations of Experiential Education within a variety of group-based educational environments. Students will examine the historical, philosophical, social and psychosocial foundations of experiential education and proceed to examine current trends, models and theoretical developments.

RCLS 385. PROGRAMMING IN RECREATION AND LEISURE SERVICES. 4 Credits.
Notes: fieldwork is part of the requirement.
This course presents steps to programming within the role and structure of public and private recreation services. Special focus is placed on determining participant needs and values, brainstorming, selection and implementation of ideas, evaluation techniques, and volunteer recognition and retention.
RCLS 395. INTERNSHIP. 1-15 Credits.
Pre-requisites: permission of the instructor, department chair and college dean.
An opportunity to gain field experience with various recreation and leisure service agencies.

RCLS 396. EXPERIMENTAL COURSE. 1-5 Credits.

RCLS 400. LEGAL FOUNDATIONS IN RECREATION AND LEISURE SERVICES. 4 Credits.
Pre-requisites: RCLS 201 and RCLS 220 or permission of the instructor. This course includes the major considerations necessary to comply with legal safeguards in the leisure service profession.

RCLS 405. WILDERNESS UPGRADE FOR MEDICAL PROFESSIONALS. 4 Credits.
Pre-requisites: HLED 194 or permission of the instructor.
This course will provide the necessary skills to assist an injured or ill person in a wilderness environment where advanced medical help is delayed by time, terrain, weather or distance. The focus of this class is on the acquisition of skills and knowledge to be able to assess a victim’s condition, make an appropriate decision regarding treatment, use available or otherwise improvise the necessary supplies or equipment to manage the patient’s condition and implement a plan for evacuation.

RCLS 410. OUTDOOR LEADERSHIP. 4 Credits.
Pre-requisites: RCLS 201, RCLS 206, RCLS 220; junior or senior standing or permission of instructor.
A culmination of the outdoor recreation and skill-oriented courses with an emphasis on the concepts of outdoor leadership. Offers opportunities in group dynamics, program planning. Objective is to foster necessary attitudes and leadership skills related to adventure programming in outdoor recreation through field experiences. Includes two weekend field trips.

RCLS 415. SEARCH AND RESCUE MANAGEMENT. 4 Credits.
Pre-requisites: junior standing or permission of the instructor.
A practical approach to learning search and rescue techniques and management. Emphasis on administrative procedures. A variety of resource specialists will present portions of the course.

RCLS 420. PROGRAM PLANNING AND EVALUATION IN THERAPEUTIC RECREATION. 4 Credits.
Pre-requisites: declared Therapeutic Recreation major or permission of instructor.
The purpose of this course is to suggest various activities used in rehabilitation of the disabled. The selection of activities is made using a social-behavior skill factor analysis of the activity lab.

RCLS 422. EXPEDITION PLANNING AND LEADERSHIP. 4 Credits.
Notes: students will develop and lead a seven day wilderness-based experience at the end of the quarter.
Pre-requisites: RCLS 305.
This course will teach students how to plan and lead outdoor recreation experiences in wilderness environments for multiple populations. Students will become familiar with planning adventure experiences, leadership approaches for varying environments, risk management for particular activities, the permit process with government agencies and budgeting for extended field experiences.

RCLS 425. EVALUATION, RESEARCH AND STATISTICS IN RECREATION AND LEISURE SERVICES. 4 Credits.
Pre-requisites: RCLS 385 and junior standing or permission of the instructor.
Covers basic methods of personnel and program components. Methods of sampling and survey techniques are addressed as they relate to recreation and leisure services.

RCLS 435. EMPLOYMENT PROCESSES IN RECREATION AND LEISURE SERVICES. 2 Credits.
Pre-requisites: RCLS 201, RCLS 220 and senior standing. Designed to introduce the recreation student to the employment process: recruiting, application and resume screening, interviewing, checking of references, hiring, on-the-job training and probationary period.

RCLS 438. PROFESSIONAL ISSUES IN OUTDOOR RECREATION LEADERSHIP. 2 Credits.
Pre-requisites: senior standing and declared Outdoor Recreation Leadership major.
This course provides a foundation for many of the current professional issues in the field of outdoor recreation. Students will learn about current issues within outdoor recreation programs, outdoor education programs, public land management, and approaches to outdoor leadership. Students will learn about the professional opportunities that exist within the different sectors of the outdoor recreation industry and will help prepare them for their professional internship.

RCLS 440. PROFESSIONAL ISSUES IN THERAPEUTIC RECREATION. 4 Credits.
Pre-requisites: declared Therapeutic Recreation Major or permission of instructor.
Informs students of the constant changes and developments in the therapeutic recreation profession.

RCLS 445. PROCESSES AND TECHNIQUES IN THERAPEUTIC RECREATION. 4 Credits.
Pre-requisites: declared Therapeutic Recreation Major or permission of instructor.
This course is designed to assist therapeutic recreation majors with the mastery of skills, attitudes and knowledge required for professional service in therapeutic recreation. Special attention given to the therapeutic recreation specialist as a therapist in a medical model.

RCLS 450. ASSESSMENT TECHNIQUES IN THERAPEUTIC RECREATION. 4 Credits.
Pre-requisites: declared Therapeutic Recreation Major or permission of instructor.
This course enables the Therapeutic Recreation major to develop an understanding of the process of assessment and use of appropriate standardized tools used by the profession with an in-depth study of the most widely accepted tools.

RCLS 455. RESORT AND COMMERCIAL RECREATION MANAGEMENT. 3 Credits.
Pre-requisites: RCLS 201.
This course is intended to provide working management knowledge related to resort and commercial recreation enterprises.

RCLS 460. SUPERVISION OF THERAPEUTIC RECREATION SERVICES. 4 Credits.
This class will introduce the concepts, theories and practices of effective supervision in the health and human service delivery system. Covers the essential elements of supervision that are pertinent to being an effective practicing therapeutic recreation supervisor in either a clinical setting or a community-based therapeutic recreation setting.

RCLS 462. FOUNDATIONS OF TRAVEL AND TOURISM. 4 Credits.
Pre-requisites: RCLS 455.
This course provides students with an introduction and overview of the travel and tourism industry including historical, behavioral, societal and business aspects of travel and tourism. Narrowing in focus, students learn about the impact of tourism on communities and strategies for sustainability. Students examine various sectors of the tourism industry and have the opportunity to explore their own special areas of interest.
RCLS 463. GLOBAL CITIZENSHIP AND INTERNATIONAL TOURISM. 4 Credits.
Notes: offered spring quarter.
Students explore global citizenship with regard to travel and tourism. In particular, students examine ethical dilemmas in travel and tourism and learn how to research and identify environmental, socio-cultural and economic impacts of tourism on the destination.

RCLS 465. SEMINAR IN TRAVEL AND TOURISM. 4 Credits.
Pre-requisites: RCLS 462 or permission of the instructor.
This course is designed to offer recreation management majors an insight into some of the multidimensional and complex issues currently seen in the travel and tourism industry. Students explore, problem solve, report, and discuss current issues as presented in a series of tourism case-study scenarios. In addition, students gain hands-on experience by planning and implementing a seven-day field trip to a major tourist destination or city.

RCLS 470. ADMINISTRATION, ORGANIZATION AND SUPERVISION IN RECREATION AND LEISURE SERVICES. 4 Credits.
Pre-requisites: RCLS 425 and senior standing or permission of the instructor.
Local, state, and federal recreation and park programs; their organization and administration, and their relation to other social institutions; special emphasis on planning, financing and legislative provisions, governmental control, budget, personnel, departmental organization and administrative practices, especially on the local level.

RCLS 480. BUDGETING IN RECREATION AND LEISURE SERVICES. 4 Credits.
Pre-requisites: RCLS 201 and RCLS 385 or permission of the instructor.
This course is designed to identify both traditional and innovative methods of financing recreation services at the public and private level along with an analysis of personal spending and budgeting procedures. A complete budget document for a selected organization will be developed.

RCLS 490. SENIOR CAPSTONE IN RECREATION. 4 Credits.
Notes: this course is designated as the capstone course for those students majoring in recreation and leisure services within the Department of PEHR.
Pre-requisites: RCLS 470 and senior standing.
Satisfies: a university graduation requirement—senior capstone.
An assessment will be completed for each major. The course focuses on the issues facing recreation professionals as they enter the field. Using group problem solving techniques, lecture and a research paper, the students will present and defend a position on an issue or develop and defend a solution to an existing problem. A major focus is to develop an understanding of the group process as it relates to being a team member and the ability to use resources to develop a research paper.

RCLS 493. THERAPEUTIC RECREATION PROFESSIONAL INTERNSHIP. 12 Credits.
Pre-requisites: declared Therapeutic Recreation Major and compliance with RCLS Department’s internship requirements or permission of instructor.
Full-time working experience in a therapeutic recreation service setting in line with student’s professional aspirations. Actual involvement in recreation and program planning; implementation supervision and program evaluation under professional and faculty supervision.

RCLS 494. OUTDOOR RECREATION PROFESSIONAL INTERNSHIP. 12 Credits.
Pre-requisites: compliance with RCLS department’s internship requirements; permission of the instructor, department chair and college dean.
Full-time working experience in an outdoor recreation service setting in line with your professional aspirations. Actual involvement in recreation and program planning; implementation supervision and program evaluation under professional and faculty supervision.

RCLS 495. RECREATIONAL MANAGEMENT PROFESSIONAL INTERNSHIP. 12 Credits.
Pre-requisites: compliance with RCLS department’s internship requirements; permission of the instructor, department chair and college dean.
Full-time working experience in a recreation and leisure service setting in line with your professional aspirations. Actual involvement in recreation and program planning; implementation supervision and program evaluation under professional and faculty supervision.

RCLS 496. EXPERIMENTAL COURSE. 1-15 Credits.

RCLS 497. WORKSHOP, SHORT COURSE, CONFERENCE, SEMINAR. 1-5 Credits.
Periodically scheduled special workshops deal with aspects of recreation and leisure services.

RCLS 498. SEMINAR. 1-5 Credits.
Periodically scheduled special seminars deal with aspects of recreation and leisure services.

RCLS 499. DIRECTED STUDY. 1-15 Credits.
Pre-requisites: permission of the instructor, department chair and college dean.
Selected problems in the field of recreation and leisure services.

RCLS 542. SEMINAR. 1-5 Credits.

RCLS 599. INDEPENDENT STUDY. 1-10 Credits.