

THERAPEUTIC RECREATION, BACHELOR OF ARTS (BA)

Therapeutic Recreation specialists are involved in helping individuals with disabilities learn the skills and attitudes necessary to develop a satisfying leisure lifestyle. Therapeutic Recreation is concerned with the treatment of conditions which are disabling and the facilitation of independent leisure functioning.

This major offers the student a track that will allow them to be eligible to take the national certification examination. The major is nationally accredited and provides a strong educational background for the student. Graduates tend to work in hospitals, state facilities, group treatment and community-based programs in the area of rehabilitation, leisure education and community integration.

Pre Major Declaration Prerequisite Requirements

- Students interested in the Therapeutic Recreation Major must apply and be accepted into the Therapeutic Recreation program to start fall quarter.
- The required prerequisites are PSYC 100 with a grade \geq C; ENGL 201 (or equivalent English course) with a grade \geq C+; and a passing grade in one college Chemistry class.
- The application also requires a 2–3 page essay addressing the following points: brief autobiography including some interesting facts about yourself (interests, hobbies, etc.), how you became interested in Therapeutic Recreation and any experiences you've had in this area and a description of your overall academic and career goals. The application form is available online on the WAMS department page (<https://www.ewu.edu/cale/programs/pehr/>).
- Transcripts are required for transfer students only.
- The deadline for submission is April 1st.
- Selection will be determined by application essay and overall grades from PSYC 100 and ENGL 201.
- Applications will be reviewed and students will be notified by the first week of May.

Notes:

- two years of a single high school foreign language or one year of a single college level foreign language is required.
- current First Aid/CPR card is required for all majors.

Grade Requirements

- a minimum grade \geq C+ must be obtained in each required RCLS course (if a lower grade is received, the course must be retaken);
- a minimum cumulative GPA \geq 2.50 shall be necessary in all upper- and lower-division required RCLS courses;
- a minimum cumulative GPA \geq 2.50 shall be required for all university coursework;
- failure to comply with the above standards will jeopardize professional internship eligibility.

Required—1500 hours of practical experience—see advisor.

Required Core Courses

RCLS 201	RECREATION AND LEISURE IN MODERN SOCIETY	4
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RCLS 220	LEADERSHIP IN RECREATION AND LEISURE SERVICES	3
RCLS 240	OVERVIEW OF THERAPEUTIC RECREATION SERVICES	4
RCLS 270	DIVERSITY AND SOCIAL JUSTICE IN RECREATION AND LEISURE SERVICES	2
RCLS 313	PUBLIC LANDS AND OUTDOOR RECREATION	4
RCLS 360	FACILITY PLANNING AND ENVIRONMENTAL DESIGN	4
RCLS 385	PROGRAMMING IN RECREATION AND LEISURE SERVICES	4
RCLS 400	LEGAL FOUNDATIONS IN RECREATION AND LEISURE SERVICES	4
RCLS 425	EVALUATION, RESEARCH AND STATISTICS IN RECREATION AND LEISURE SERVICES	4
RCLS 435	EMPLOYMENT PROCESSES IN RECREATION AND LEISURE SERVICES	2
RCLS 455	RESORT AND COMMERCIAL RECREATION MANAGEMENT	3
RCLS 470	ADMINISTRATION, ORGANIZATION AND SUPERVISION IN RECREATION AND LEISURE SERVICES	4
RCLS 480	BUDGETING IN RECREATION AND LEISURE SERVICES	4

Required Supporting Courses

BIOL 232	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	5
BIOL 233	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	5
BIOL 234	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	2-5
or HLED 256	MEDICAL TERMINOLOGY	
PSYC 201	LIFE-SPAN DEVELOPMENT	5
PSYC 302	ABNORMAL PSYCHOLOGY	5
RCLS 345	THERAPEUTIC RECREATION FOR PEOPLE WITH DISABILITIES	4
RCLS 420	PROGRAM PLANNING AND EVALUATION IN THERAPEUTIC RECREATION	4
RCLS 440	PROFESSIONAL ISSUES IN THERAPEUTIC RECREATION	4
RCLS 445	PROCESSES AND TECHNIQUES IN THERAPEUTIC RECREATION	4
RCLS 450	ASSESSMENT TECHNIQUES IN THERAPEUTIC RECREATION	4
RCLS 493	THERAPEUTIC RECREATION PROFESSIONAL INTERNSHIP (Therapeutic Recreation majors have specific requirements to fulfill and must consult with their advisor)	12

Required Senior Capstone

RCLS 490	SENIOR CAPSTONE IN RECREATION	4
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Total Credits 104-107

University Competencies and Proficiencies

- English (<http://catalog.ewu.edu/undergraduate-degree/#newitemtext>)
- Mathematics (<http://catalog.ewu.edu/undergraduate-degree/#mathcompficienciestext>)

Placement and Clearance Exams (<http://catalog.ewu.edu/placement/>)

Prior Learning/Sources of Credit AP, CLEP, IB (<http://catalog.ewu.edu/prior-learning/>)

General Education Requirements (<http://catalog.ewu.edu/undergraduate-degree/#generaleducationrequirements>)(GER)

- Minimum Credits—180 cumulative credit hours
 - 60 upper-division credits (300 level or above)
 - 45 credits in residence (attendance) at Eastern, with at least 15 upper-division credits in major in residence at Eastern
- Minimum Cumulative GPA ≥ 2.0

Breadth Area Core Requirements (BACR)

Humanities and Arts (<http://catalog.ewu.edu/undergraduate-degree/#humanitiesandfinearts>)

Natural Sciences (<http://catalog.ewu.edu/undergraduate-degree/#naturalsciences>)

Social Sciences (<http://catalog.ewu.edu/undergraduate-degree/#socialsciences>)

University Graduation Requirements (<http://catalog.ewu.edu/undergraduate-degree/#universitygraduationrequirements>) (UGR)

Diversity Course List (<http://catalog.ewu.edu/undergraduate-degree/#cultureandgenderdiversity>)

Foreign Language (<http://catalog.ewu.edu/undergraduate-degree/#foreignlanguage>) (for Bachelor of Arts)

Global Studies Course List (<http://catalog.ewu.edu/undergraduate-degree/#internationalstudies>)

Minor or Certificate (<http://catalog.ewu.edu/undergraduate-degree/#majorminororcertificate>)

Senior Capstone Course List (<http://catalog.ewu.edu/undergraduate-degree/#capstonecourse>)

All admitted students must officially Declare a Major (<https://access.ewu.edu/center-for-academic-advising-and-retention/academic-planning-tools/declare-your-major/>) by the time they reach 90 credits (junior standing).

Application for Graduation (<https://sites.ewu.edu/records-and-registration/files/2017/02/GraduationApp.pdf>) must be made at least two terms in advance of the term you expect to graduate (undergraduate and post-baccalaureate).

Use the Catalog Archives (<https://catalog.ewu.edu/archives/>) to determine two important catalog years (<http://catalog.ewu.edu/undergraduate-degree/#activecatalog>). SOAR (<https://soar.ewu.edu/selfservice/general/home.html>) calculates based on these two catalog years.

1. The catalog *in effect at the student's first term* of current matriculation is used to determine **BACR** (Breadth Area Credit Requirements) **and UGR** (Undergraduate Graduation Requirements).
 2. The catalog *in effect at the time the student declares a major or minor* is used to determine the program requirements.
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Students who successfully earn a BA in Therapeutic Recreation from EWU should be able to do the following:

- demonstrate a working knowledge of technology and its various uses in the recreation profession;
- demonstrate a working knowledge of the career and entrepreneurship opportunities available upon graduation;
- demonstrate an awareness of diversity, equity, inclusion, and will demonstrate multi-cultural competence in recreation and leisure service delivery settings;
- demonstrate an understanding and application of the therapeutic recreation process: assessment, program planning, implementation and evaluation;
- demonstrate an understanding of the history, breadth, depth, and complexity of the recreation and leisure services industry;
- demonstrate effective oral and written communication skills;
- demonstrate knowledge of and skill at research, problem solving, and critical thinking;
- demonstrate skills and techniques to assist individuals in learning to cope with the effects of their disabilities or illness;
- demonstrate the knowledge base to successfully complete the NCTRC Certification practice tests to better prepare students for the National Council on Therapeutic Recreation Certification (NCTRC) exam;
- demonstrate, through a variety of activities, and participate in events that give a better understanding of how an individual with a disability or illness can participate in leisure activities and apply that knowledge to their internship experience.