

THERAPEUTIC RECREATION MAJOR, BACHELOR OF SCIENCE (BS)

Note: this program is currently not accepting new students.

Therapeutic Recreation specialists are involved in helping individuals with disabilities learn the skills and attitudes necessary to develop a satisfying leisure lifestyle. Therapeutic Recreation is concerned with the treatment of conditions which are disabling and the facilitation of independent leisure functioning.

This major offers the student a track that will allow them to be eligible to take the national certification examination. The major is nationally accredited and provides a strong educational background for the student. Graduates tend to work in hospitals, state facilities, group treatment and community-based programs in the area of rehabilitation, leisure education and community integration.

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A current First Aid/CPR card is required for all majors.

Major Declaration Requirement: must complete ENGL 201 with a minimum grade \geq C.

Grade Requirements

- a minimum grade \geq C must be obtained in each required RCLS course (if a lower grade is received, the course must be retaken);
- a minimum cumulative GPA \geq 2.0 shall be required for all university coursework;
- failure to comply with the above standards will jeopardize professional internship eligibility.

Required—1500 hours of practical experience—see advisor.

Required Core Courses

RCLS 201	FOUNDATIONS OF THE RECREATION EXPERIENCE INDUSTRY	4
RCLS 220	LEADERSHIP DEVELOPMENT IN RECREATION EXPERIENCE MANAGEMENT	3
RCLS 240	OVERVIEW OF THERAPEUTIC RECREATION SERVICES	4
RCLS 270	DIVERSITY, EQUITY, AND INCLUSION IN THE WORKPLACE	2
RCLS 313	PUBLIC LANDS AND OUTDOOR RECREATION	4
RCLS 360	FACILITY PLANNING AND ENVIRONMENTAL DESIGN	4
RCLS 385	EVENT PLANNING AND EXPERIENCE DESIGN	4
RCLS 400	LIABILITY AND RISK MANAGEMENT IN RECREATION EXPERIENCE MANAGEMENT	4
RCLS 425	EVALUATION AND RESEARCH METHODS IN RECREATION EXPERIENCE MANAGEMENT	4
RCLS 435	PROFESSIONAL PREPARATION IN RECREATION EXPERIENCE MANAGEMENT	2
RCLS 455	RESORT AND COMMERCIAL RECREATION MANAGEMENT	3

RCLS 470	ORGANIZATIONAL MANAGEMENT AND ADMINISTRATION IN RECREATION EXPERIENCE MANAGEMENT	4
RCLS 480	FINANCIAL RESOURCE MANAGEMENT IN RECREATION EXPERIENCE	4

Required Supporting Courses

BIOL 232	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	5
BIOL 233	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	5
BIOL 234	HUMAN ANATOMY AND PHYSIOLOGY NON-BIOL MAJORS	2-5
or PHED 256	MEDICAL TERMINOLOGY	
PSYC 201	LIFE-SPAN DEVELOPMENT	5
PSYC 302	ABNORMAL PSYCHOLOGY	5
RCLS 345	THERAPEUTIC RECREATION FOR PEOPLE WITH DISABILITIES	4
RCLS 420	PROGRAM PLANNING AND EVALUATION IN THERAPEUTIC RECREATION	4
RCLS 440	PROFESSIONAL ISSUES IN THERAPEUTIC RECREATION	4
RCLS 445	PROCESSES AND TECHNIQUES IN THERAPEUTIC RECREATION	4
RCLS 450	ASSESSMENT TECHNIQUES IN THERAPEUTIC RECREATION	4
RCLS 493	THERAPEUTIC RECREATION PROFESSIONAL INTERNSHIP (Therapeutic Recreation majors have specific requirements to fulfill and must consult with their advisor)	12

Required Senior Capstone

RCLS 490	SENIOR CAPSTONE IN RECREATION	4
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Total Credits **104-107**

University Competencies and Proficiencies

English (<http://catalog.ewu.edu/undergraduate-degree/#newitemtext>)

Quantitative and Symbolic Reasoning (<http://catalog.ewu.edu/undergraduate-degree/#mathcompproficiencytext>)

Placement and Clearance (<http://catalog.ewu.edu/placement/>)

Prior Learning/Sources of Credit AP, CLEP, IB (<http://catalog.ewu.edu/prior-learning/>)

General Education Requirements (<http://catalog.ewu.edu/undergraduate-degree/#generaleducationrequirements>) (GER)

- Minimum Credits—180 cumulative credit hours
 - 60 upper-division credits (300 level or above)
 - 45 credits in residence (attendance) at Eastern, with at least 15 upper-division credits in major in residence at Eastern
- Minimum Cumulative GPA \geq 2.0

Breadth Area Core Requirements (BACR)

Humanities and Arts (<http://catalog.ewu.edu/undergraduate-degree/#humanitiesandfineartsgecrtext>)

Natural Sciences (<http://catalog.ewu.edu/undergraduate-degree/#naturalsciencesgecrtext>)

Social Sciences (<http://catalog.ewu.edu/undergraduate-degree/#socialsciencesgecrtext>)

National Council on Therapeutic Recreation Certification (NCTRC) exam;

- demonstrate, through a variety of activities, and participate in events that give a better understanding of how an individual with a disability or illness can participate in leisure activities and apply that knowledge to their internship experience.

University Graduation Requirements (<http://catalog.ewu.edu/undergraduate-degree/#universitygraduationrequirementstext>) (UGR)

Diversity Course List (<http://catalog.ewu.edu/undergraduate-degree/#cultureandgenderdiversityintheulisttext>)
Foreign Language (<http://catalog.ewu.edu/undergraduate-degree/#foreignlanguageugrtext>) (for Bachelor of Arts)
Global Studies Course List (<http://catalog.ewu.edu/undergraduate-degree/#internationalstudiesrequirementstext>)
Minor or Certificate (<http://catalog.ewu.edu/undergraduate-degree/#majorminororcertificateugrtext>)
Senior Capstone Course List (<http://catalog.ewu.edu/undergraduate-degree/#capstonecourselisttext>)

Application for Graduation (use EagleNET (<https://inside.ewu.edu/eaglenet/>)) must be made at least two terms in advance of the term you expect to graduate (undergraduate and post-baccalaureate).

Use the Catalog Archives (<https://catalog.ewu.edu/archives/>) to determine two important catalog years (<http://catalog.ewu.edu/undergraduate-degree/#activecatalogrulettext>).

Degree Works (<https://inside.ewu.edu/records-and-registration/degree-works/>) calculates based on these two catalog years.

- a. The catalog *in effect at the student's first term* of current matriculation is used to determine **BACR** (Breadth Area Credit Requirements) and **UGR** (Undergraduate Graduation Requirements).
- b. The catalog *in effect at the time the student declares a major or minor* is used to determine the program requirements.

Students who successfully earn a BS in Therapeutic Recreation from EWU should be able to do the following:

- demonstrate a working knowledge of technology and its various uses in the recreation profession;
- demonstrate a working knowledge of the career and entrepreneurship opportunities available upon graduation;
- demonstrate an awareness of diversity, equity, inclusion, and will demonstrate multi-cultural competence in recreation and leisure service delivery settings;
- demonstrate an understanding and application of the therapeutic recreation process: assessment, program planning, implementation, and evaluation;
- demonstrate an understanding of the history, breadth, depth, and complexity of the recreation and leisure services industry;
- demonstrate effective oral and written communication skills;
- demonstrate knowledge of and skill at research, problem solving, and critical thinking;
- demonstrate skills and techniques to assist individuals in learning to cope with the effects of their disabilities or illness;
- demonstrate the knowledge base to successfully complete the NCTRC Certification practice tests to better prepare students for the