

THERAPEUTIC RECREATION MINOR

Therapeutic Recreation (TR) specialists are involved in helping individuals with disabilities learn the skills and attitudes necessary to develop a meaningful leisure lifestyle. Therapeutic Recreation is concerned with the treatment of conditions which are disabling and the facilitation of independent leisure functioning. Students with a credential in Therapeutic Recreation tend to work in hospitals, state facilities, group treatment and community-based programs in the area of rehabilitation, leisure education, and community integration.

Grade Requirement: a minimum grade \geq C in each course required for the minor.

Required Courses

RCLS 201	FOUNDATIONS OF RECREATION MANAGEMENT	4
RCLS 345	THERAPEUTIC RECREATION FOR PEOPLE WITH DISABILITIES	4
RCLS 420	PROGRAM PLANNING AND EVALUATION IN THERAPEUTIC RECREATION	4
RCLS 440	PROFESSIONAL ISSUES IN THERAPEUTIC RECREATION	4
RCLS 445	PROCESSES AND TECHNIQUES IN THERAPEUTIC RECREATION	4
RCLS 450	ASSESSMENT, DOCUMENTATION, AND EVALUATION IN THERAPEUTIC RECREATION	4
RCLS 460	THERAPEUTIC RECREATION ADMINISTRATION AND MANAGEMENT	4
Total Credits		28

Students who earn a Therapeutic Recreation Minor from EWU should be able to:

- design and deliver therapeutic recreation therapy interventions targeting the cognitive(knowledge), psychomotor (skills) and affective (behavior) learning domains;
- perform job task skills (assessment, planning, implementation, evaluation, and documentation) as identified by the National Council for Therapeutic Recreation Certification (NCTRC) Job Analysis;
- advocate for individuals with disabilities, injuries, illnesses, and underrepresented populations;
- participate as an active member and advocate for the profession;
- understand the requirements for gaining professional credentialing through the National Council for Therapeutic Recreation Certification (NCTRC).