

# INTERDISCIPLINARY STUDIES: INTERDISCIPLINARY BEHAVIORAL HEALTH, BACHELOR OF SCIENCE (BS)

The Bachelor of Science in Interdisciplinary Studies: Interdisciplinary Behavioral Health enables students to earn lower division elective credits (subject to department assessment\*) toward their degree through submission of approved apprenticeship and other professional learning experiences. Students also complete a minor in Addiction Counseling & Prevention, Psychology, plus courses focusing on diverse human backgrounds or other areas in consultation with the Director of Interdisciplinary Studies. The curriculum is specifically designed to support the workforce needs of health organizations. It is ideal for individuals who have professional experience and desire career mobility and adaptability through exposure to cross-disciplinary knowledge as it relates to workplace issues in behavioral health environments. Ensuring a well-rounded and cohesive educational experience are 12 credits of required Interdisciplinary Core courses that emphasize an integrated approach to understanding complex, real-world problems.

\* Please contact the Interdisciplinary Studies Department for the current required department assessment fee.

Note: The Interdisciplinary Behavioral Health Program does not prepare students for certification or licensing exams. Students interested in other behavioral options may be interested in the Behavioral Health Support Specialist certificate (<http://catalog.ewu.edu/ps/sp/behavioral-cert/>).

How does this degree compare with other Interdisciplinary Studies degree options? Review the program comparison table (<https://www.ewu.edu/cpp/interdisciplinary-studies/compare/>) for detailed information.

## Required Courses

**Completion of the Addiction Counseling and Prevention Minor is Required 29**

### Required Courses

ADST 300	SURVEY OF ALCOHOL/DRUG PROBLEMS
ADST 302	COUNSELING THEORIES FOR THE ADDICTION PROFESSIONAL
ADST 303	HIV/AIDS AND ADDICTION TREATMENT
ADST 410	COMMUNITY PREVENTION METHODS
ADST 412	PHYSIOLOGY AND PHARMACOLOGY OF ADDICTIONS
ADST 420	ALCOHOL/DRUG CASE MANAGEMENT
ADST 430	ADDICTION TREATMENT WITH FAMILIES
ADST 440	ALCOHOL/DRUG GROUP COUNSELING

**Completion of the Psychology Minor is Required 20**

### Required Course

PSYC 100	GENERAL PSYCHOLOGY
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Choose 15 credits in electives from the approved list for the Psychology minor

**Upper-division credits focusing on diverse human backgrounds (AAST, AGST, CDST, CHST, DSST, IDST, GWSS), or in consultation with ITDS director. 10**

### Required Interdisciplinary Core

ITDS 230	EXPLORING INTERDISCIPLINARY STUDIES	4
ITDS 330	CONNECTING ITDS THEORY, RESEARCH & PRACTICE	4
ITDS 490	INTERDISCIPLINARY SR CAPSTONE	4

**Total Credits 71**

### University Competencies and Proficiencies

- English (<http://catalog.ewu.edu/undergraduate-degree/#newitemtext>)
- Quantitative and Symbolic Reasoning (<http://catalog.ewu.edu/undergraduate-degree/#mathcompproficiencies>)
- Placement and Clearance (<http://catalog.ewu.edu/placement/>)
- Prior Learning/Sources of Credit AP, CLEP, IB (<http://catalog.ewu.edu/prior-learning/>)

### General Education Requirements (<http://catalog.ewu.edu/undergraduate-degree/#generaleducationrequirements>) (GER)

- Minimum Credits—180 cumulative credit hours
  - 60 upper-division credits (300 level or above)
  - 45 credits in residence (attendance) at Eastern, with at least 15 upper-division credits in major in residence at Eastern
- Minimum Cumulative GPA  $\geq 2.0$

### Breadth Area Core Requirements (BACR)

- Humanities and Arts (<http://catalog.ewu.edu/undergraduate-degree/#humanitiesandfineartsgecrtxt>)
- Natural Sciences (<http://catalog.ewu.edu/undergraduate-degree/#naturalsciencesgecrtxt>)
- Social Sciences (<http://catalog.ewu.edu/undergraduate-degree/#socialsciencesgecrtxt>)

### University Graduation Requirements (<http://catalog.ewu.edu/undergraduate-degree/#universitygraduationrequirements>) (UGR)

- Diversity Course List (<http://catalog.ewu.edu/undergraduate-degree/#cultureandgenderdiversityintheuslist>)
- World Language (<http://catalog.ewu.edu/undergraduate-degree/#worldlanguagetext>) (for Bachelor of Arts)
- Global Studies Course List (<http://catalog.ewu.edu/undergraduate-degree/#internationalstudiesrequirement>)
- Minor or Certificate (<http://catalog.ewu.edu/undergraduate-degree/#majorminororcertificateugr>)
- Senior Capstone Course List (<http://catalog.ewu.edu/undergraduate-degree/#capstonecourselist>)

Application for Graduation (use EagleNET (<https://inside.ewu.edu/eaglenet/>)) must be made at least two terms in advance of the term you expect to graduate (undergraduate and post-baccalaureate).

Use the Catalog Archives (<http://catalog.ewu.edu/archives/>) to determine two important catalog years.

Requirements in Degree Works (<https://inside.ewu.edu/records-and-registration/degree-works/>) are based on these two catalog years:

- a. The catalog *in effect at the student's first term* of current matriculation is used to determine **BACR** (Breadth Area Credit Requirements) **and** **UGR** (Undergraduate Graduation Requirements).
- b. The catalog *in effect at the time the student declares a major or minor* is used to determine the program requirements.

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**Students who earn a BS in Interdisciplinary Studies: Interdisciplinary Behavioral Health from EWU should be able to:**

- relate and apply psychological and behavioral health theories and principles to various work environments;
- investigate the intersection of diverse people and behavioral health concerns;
- describe the value of ITDS theory, research, and practice to complex community and workplace problems;
- critically evaluate perspectives on complex issues leveraging literature from the perspective of multiple disciplines;
- synthesize meaningful personal and professional connections and multiple areas of study;
- design a project involving original research and/or a literature review using an integrated approach;
- demonstrate professional communication with potential community partners and stakeholders while developing a project to address a community- or workplace-situated problem.
- reflect on the value of prior experiential learning experiences in relation to college-level learning outcomes;
- create artifacts representing the rich knowledge gained from learning experiences for a potential experiential learning credit portfolio.