## HEALTH AND PHYSICAL EDUCATION, MASTER OF EDUCATION (M.ED)

This is a graduate level program that offers a masters degree in conjunction with a Health and PE state endorsement. This program was designed to be offered online.

## **Required Core**

| EDUC 505                         | CURRENT ISSUES IN EDUCATION                        | 4  |
|----------------------------------|--|----|
| EDUC 507                         | PHILOSOPHY AND ORGANIZATION OF THE AMERICAN SCHOOL | 4  |
| EDUC 520                         | METHODS OF EDUCATIONAL RESEARCH                    | 4  |
| EDUC 522                         | TRANSFORMATION OF LEARNING AND TEACHING            | 4  |
| Area Specialization              |  |    |
| PHED 501                         | HEALTH BASICS                                      | 4  |
| PHED 502                         | ELEMENTARY PHYSICAL EDUCATION                      | 4  |
| PHED 503                         | SECONDARY PHYSICAL EDUCATION                       | 4  |
| PHED 504                         | SKILL ACQUISITION AND PERFORMANCE IN PE            | 4  |
| PHED 513                         | ADVOCACY, PROMOTION AND PROGRAMMING IN HPED        | 4  |
| PHED 514                         | SEMINAR IN HEALTH AND PHYSICAL EDUCATION           | 4  |
| Internship                       |  |    |
| PHED 611                         | INTERNSHIP IN HEALTH EDUCATION                     | 2  |
| PHED 612                         | INTERNSHIP IN PHYSICAL EDUCATION                   | 2  |
| Portfolio and Comprehensive Exam |  |    |
| PHED 613                         | HEALTH AND PHYSICAL ED PORTFOLIO                   | 2  |
| PHED 614                         | HEALTH AND PHYSICAL ED COMPREHENSIVE<br>EXAM       | 3  |
| Total Credits                    |  | 49 |

This program meets Washington state competencies for the Health & Physical Education endorsement in addition to the masters of education. At the end of this program students will be able to:

- demonstrate the knowledge and application of discipline-specific scientific and theoretical concepts critical to the development of physically educated individuals;
- demonstrate the knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness as delineated in the WA State and National K-12 Standards;
- demonstrate the ability to plan and implement developmentally appropriate learning experiences aligned with local, state, and national standards to address the diverse needs of all students;
- demonstrate the ability to use effective communication and pedagogical skills and strategies to enhance student engagement and learning;
- demonstrate the ability to utilize assessments and reflection to foster student learning and inform instructional decisions;
- demonstrate dispositions essential to becoming effective professionals.