

# HEALTH AND PHYSICAL EDUCATION, MASTER OF EDUCATION (M.ED)

**Health and Physical Education M.Ed.** - This program is designed for graduate candidates to gain advanced knowledge of health and physical education. The M.Ed. in health and physical education will not lead to an initial teaching certificate. Those candidates who hold a current Washington State teaching certificate are eligible to earn an add-on endorsement in K-12 health and physical education. The Health and Physical Education program can prepare you to work in a variety of settings.

For more information about this program visit our website (<https://inside.ewu.edu/educgrad/apresources/>). For information about internships for this program, visit our internship website (<https://inside.ewu.edu/educgrad/internships/>).

This is an online accelerated program with 6-week academic sessions.

## Admissions Requirements

- Have earned a baccalaureate degree (either a BA or BS) from an accredited institution of higher education.
- Have earned a GPA  $\geq 3.0$  on a 4-point scale during the final 90 quarter credits (or 60 semester credits) of enrolled coursework.

## Required Core

EDUC 505	CURRENT ISSUES IN EDUCATION	4
EDUC 507	PHILOSOPHY AND ORGANIZATION OF THE AMERICAN SCHOOL	4
EDUC 520	METHODS OF EDUCATIONAL RESEARCH	4
EDUC 522	TRANSFORMATION OF LEARNING AND TEACHING	4

## Area Specialization

EDUC 514	HEALTH BASICS	4
EDUC 527	SKILL ACQUISITION AND PERFORMANCE IN PE	4
EDUC 528	ADVOCACY, PROMOTION AND PROGRAMMING IN HPED	4
EDUC 529	SEMINAR IN HEALTH AND PHYSICAL EDUCATION	4
EDUC 547	ELEMENTARY PHYSICAL EDUCATION	4
EDUC 548	SECONDARY PHYSICAL EDUCATION	4

## Internship

EDUC 655	INTERNSHIP IN HEALTH EDUCATION	2
EDUC 656	INTERNSHIP IN PHYSICAL EDUCATION	2

## Portfolio and Comprehensive Exam

EDUC 657	HEALTH AND PHYSICAL ED PORTFOLIO	2
EDUC 658	HEALTH AND PHYSICAL ED COMPREHENSIVE EXAM	3

**Total Credits** 49

- demonstrate the knowledge and skills necessary to demonstrate competent movement performance and health enhancing fitness as delineated in the WA State and National K-12 Standards;
- demonstrate the ability to plan and implement developmentally appropriate learning experiences aligned with local, state, and national standards to address the diverse needs of all students;
- demonstrate the ability to use effective communication and pedagogical skills and strategies to enhance student engagement and learning;
- demonstrate the ability to utilize assessments and reflection to foster student learning and inform instructional decisions;
- demonstrate dispositions essential to becoming effective professionals.

**This program meets Washington State competencies for the Health & Physical Education endorsement in addition to the Master of Education. At the end of this program students will be able to:**

- demonstrate the knowledge and application of discipline-specific scientific and theoretical concepts critical to the development of physically educated individuals;