

ADDICTION STUDIES MAJOR, BACHELOR OF ARTS (BA)

The Bachelor of Arts in Addiction Studies program offers an excellent opportunity for graduates to make a significant impact on the lives of people suffering with substance use disorders. This degree provides students with the theoretical knowledge and practical skills for working in addiction treatment agencies offering support for persons with substance use disorders.

The main focus of the Addiction Studies Bachelor of Arts degree is to provide students the educational requirements needed to prepare them for Washington State Certification as Substance Use Disorder Professionals (SUDP) through the Department of Health.

Additional Requirements

- An optional practicum is offered for those students who are interested in working in the substance use disorder treatment field.
- 2,000 hours in a state approved treatment agency.
- Students who complete all state required courses for certification are eligible to take the NAADAC Exam before completing the final state hours requirements needed for certification.

Certification/licensing requirements differ from state to state please check with your local certification/licensing board to confirm this is the right program for you. Contact Addiction Studies (adst@ewu.edu) for more information.

Addiction Studies (ADST) is an approved education provider with NAADAC, The Association for Addiction Professionals.

Note: two years of a single high school world language or one year of a single college-level world language is required.

Note: one course in human development or lifespan development is required for students seeking certification as Substance Use Disorder Professionals.

Required Courses

ADST 300	SURVEY OF ALCOHOL/DRUG PROBLEMS	4
ADST 302	COUNSELING THEORIES FOR THE ADDICTION PROFESSIONAL	4
ADST 303	HIV/AIDS AND ADDICTION TREATMENT	2
ADST 308	CULTURAL ISSUES IN ADDICTION TREATMENT AND BEHAVIORAL HEALTH	4
ADST 410	COMMUNITY PREVENTION METHODS	4
ADST 412	PHYSIOLOGY AND PHARMACOLOGY OF ADDICTIONS	4
ADST 420	ALCOHOL/DRUG CASE MANAGEMENT	4
ADST 430	ADDICTION TREATMENT WITH FAMILIES	4
ADST 440	ALCOHOL/DRUG GROUP COUNSELING	3
ADST 442	SCREENING, ASSESSMENT, AND MENTAL HEALTH CONSULTATION FOR CO-OCCURRING DISORDERS	4
ADST 444	TREATING CO-OCCURRING DISORDERS	4
ADST 448	MEDICATION ASSISTED TREATMENT	2
ADST 454	TRAUMA INFORMED CARE IN BEHAVIORAL HEALTH	4
ADST 460	CONFIDENTIALITY, LAW AND ETHICS FOR THE ADDICTION PROFESSIONAL	4
ADST 462	ADOLESCENT ADDICTION ASSESSMENT AND TREATMENT	4
ADST 464	RELAPSE PREVENTION	2

Required Senior Capstone

ADST 490	ADST SENIOR CAPSTONE	4
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Optional Practicum Placement—available for students not currently working in a substance use disorder treatment agency.

ADST 350	ADDICTION STUDIES PRACTICUM SEMINAR	
ADST 385	ADDICTION STUDIES PRACTICUM I	
ADST 485	ADDICTION STUDIES PRACTICUM II	

Total Credits

61

Plan of Study

The following plan of study is for a student with zero credits. Individual students may have different factors such as: credit through transfer work, Advanced Placement, Running Start, or any other type of college-level coursework that requires an individual plan.

Courses may be offered in different terms and not all courses are offered every term, checking the academic schedule is paramount in keeping an individual plan current. There may be some courses that have required prerequisites not listed in the plan, review the course descriptions for information. **Students should connect with an advisor to ensure they are on track to graduate.**

All Undergraduate students are required to meet the Undergraduate Degree Requirements (<http://catalog.ewu.edu/undergraduate-degree/>).

This major requires the completion of the World Language requirement (<http://catalog.ewu.edu/undergraduate-degree/#worldlanguagetext>). Students pursuing a Bachelor of Arts (BA) degree must complete two years of a single language in high school or one year of a single language in college.

First Year			
Fall Quarter	Credits	Winter Quarter	Credits
ENGL 101	5	ENGL 201	5
Humanities & Arts BACR 1 ¹	5	MATH 107	5
Natural Science BACR 1 ¹	5	Social Science BACR 1 ¹	5
	15		15
Second Year			
Fall Quarter	Credits	Winter Quarter	Credits
Natural Science BACR 2 ¹	5	Global Studies - graduation requirement ¹	5
Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5
Elective - certificate, minor, or general elective	5	Elective - certificate, minor, or general elective	5
	15		15
Third Year			
Fall Quarter	Credits	Winter Quarter	Credits
ADST 300	4	ADST 412	4
ADST 303	2	ADST 448	2
ADST 308 (Diversity - graduation requirement)	4	Elective - certificate, minor, or general elective	5
ADST 430	4	Elective - certificate, minor, or general elective	5
	14		16
Fourth Year			
Fall Quarter	Credits	Winter Quarter	Credits
ADST 350 ²	2	ADST 385 ²	2
ADST 420	4	ADST 442	4
ADST 440	3	ADST 460	4
ADST 454	4	ADST 462	4
		Elective - certificate, minor, or general elective	3
	13		14

Total Credits 180

¹ University Graduation Requirements (UGR) and Breadth Area Course Requirements (BACR) courses may be less than 5 credits and additional credits may be required to reach the required 180 total credits needed to graduate. Students should connect with an advisor to ensure they are on track to graduate.

² Optional Practicum Placement—available for students not currently working in a substance use disorder treatment agency.

University Competencies and Proficiencies

English (<http://catalog.ewu.edu/undergraduate-degree/#newitemtext>)

Quantitative and Symbolic Reasoning (<http://catalog.ewu.edu/undergraduate-degree/#mathcompproficienciestext>)

Placement and Clearance (<http://catalog.ewu.edu/placement/>)

Prior Learning/Sources of Credit AP, CLEP, IB (<http://catalog.ewu.edu/prior-learning/>)

General Education Requirements (<http://catalog.ewu.edu/undergraduate-degree/#generaleducationrequirementstext>) (GER)

- Minimum Credits—180 cumulative credit hours
 - 60 upper-division credits (300 level or above)
 - 45 credits in residence (attendance) at Eastern, with at least 15 upper-division credits in major in residence at Eastern
- Minimum Cumulative GPA ≥ 2.0

Breadth Area Core Requirements (BACR)

Humanities and Arts (<http://catalog.ewu.edu/undergraduate-degree/#humanitiesandfineartsgecrtext>)

Natural Sciences (<http://catalog.ewu.edu/undergraduate-degree/#naturalsciencesgecrtext>)

Social Sciences (<http://catalog.ewu.edu/undergraduate-degree/#socialsciencesgecrtext>)

University Graduation Requirements (<http://catalog.ewu.edu/undergraduate-degree/#universitygraduationrequirements>) (UGR)

- Diversity Course List (<http://catalog.ewu.edu/undergraduate-degree/#cultureandgenderdiversityintheuslist>)
- World Language (<http://catalog.ewu.edu/undergraduate-degree/#worldlanguagetext>) (for Bachelor of Arts)
- Global Studies Course List (<http://catalog.ewu.edu/undergraduate-degree/#internationalstudiesrequirement>)
- Minor or Certificate (<http://catalog.ewu.edu/undergraduate-degree/#majorminororcertificateugr>)
- Senior Capstone Course List (<http://catalog.ewu.edu/undergraduate-degree/#capstonecourselist>)

Application for Graduation (use EagleNET (<https://inside.ewu.edu/eaglenet/>)) must be made at least two terms in advance of the term you expect to graduate (undergraduate and post-baccalaureate).

Use the Catalog Archives (<http://catalog.ewu.edu/archives/>) to determine *two important catalog years*.

Requirements in Degree Works (<https://inside.ewu.edu/records-and-registration/degree-works/>) are based on these two catalog years:

- a. The catalog *in effect at the student's first term* of current matriculation is used to determine **BACR** (Breadth Area Credit Requirements) **and UGR** (Undergraduate Graduation Requirements).
- b. The catalog *in effect at the time the student declares a major or minor* is used to determine the program requirements.

Students who earn a BA in Addiction Studies from EWU should be able to:

- apply intervention and recovery knowledge and methods to practice;
- demonstrate basic knowledge about substance use disorders;
- demonstrate competence around issues related to self-awareness, diversity, ethics, and continuing education;
- demonstrate familiarity with behavior change and recovery models.