

ADDICTION STUDIES MINOR

The Addiction Studies (ADST) minor provides university-level education related to substance use treatment, counseling and prevention. The curriculum is valuable for students in a variety of industries including healthcare, law, social work, education, psychology, and many other fields to enhance the effectiveness of their chosen career.

Note: The minor option does not provide all courses required for credentialing as a substance use disorder professional.

Required Courses

ADST 300	SURVEY OF ALCOHOL/DRUG PROBLEMS	4
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Electives—choose from the following list 16

ADST 302	COUNSELING THEORIES FOR THE ADDICTION PROFESSIONAL
ADST 303	HIV/AIDS AND ADDICTION TREATMENT
ADST 308	CULTURAL ISSUES IN ADDICTION TREATMENT AND BEHAVIORAL HEALTH
ADST 310	GLOBALLY SPEAKING: WHAT ABOUT DRUGS?
ADST 410	COMMUNITY PREVENTION METHODS
ADST 412	PHYSIOLOGY AND PHARMACOLOGY OF ADDICTIONS
ADST 420	ALCOHOL/DRUG CASE MANAGEMENT
ADST 430	ADDICTION TREATMENT WITH FAMILIES
ADST 440	ALCOHOL/DRUG GROUP COUNSELING
ADST 442	SCREENING, ASSESSMENT, AND MENTAL HEALTH CONSULTATION FOR CO-OCCURRING DISORDERS
ADST 444	TREATING CO-OCCURRING DISORDERS
ADST 448	MEDICATION ASSISTED TREATMENT
ADST 454	TRAUMA INFORMED CARE IN BEHAVIORAL HEALTH
ADST 460	CONFIDENTIALITY, LAW AND ETHICS FOR THE ADDICTION PROFESSIONAL
ADST 462	ADOLESCENT ADDICTION ASSESSMENT AND TREATMENT
ADST 464	RELAPSE PREVENTION

Total Credits	20
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Students who earn an Addiction Studies Minor from EWU should be able to:

- demonstrate knowledge of models and theories of addiction;
- apply concepts of addiction studies to practice with individuals, groups, families, and communities.