

HEALTH PSYCHOLOGY, BACHELOR OF SCIENCE (BS)

The following is a list of important considerations for undergraduate students in the Health Psychology program.

1. You are responsible for making sure you have completed all EWU general undergraduate requirements as delineated in the EWU catalog. You are strongly encouraged to complete mathematics and computer literacy as early as possible.
2. To declare the BS Health Psychology major, students must have a minimum cumulative GPA \geq C and taken and passed PSYC 100 or its equivalent with a grade \geq C. Transfer students may be given credit for appropriate transfer courses in the major and for electives. Transfer credits will be limited to 20 lower division courses and no more than 30 transfer credits total applied toward the degree.
3. PSYC 100, PSYC 309, and CSBS 320 must be passed with a grade \geq C.
4. Map out a general schedule identifying when you plan to take each course. Not all PSYC courses are offered each quarter. Check with your Departmental Advisor and the University Catalog to identify course prerequisites. Complete prerequisites early so you have flexibility to take other courses when they are offered.
5. Generally, students enrolling in Field Study, Internship, and Senior Capstone should be seniors. Occasional exceptions may be made on a case-by-case basis. Consult with your Departmental advisor and the instructor teaching the course for any exceptions. The instructor's signature is required for registration for Field Study and Internship courses.
6. Your Application for Graduation should be submitted two full academic quarters before you plan to graduate. Submission deadlines are listed in the quarterly EWU Course Announcement. Submit applications directly to the PSYC Department (Martin 135) for the Chair's signature.

Proficiency in English and Mathematics (<http://catalog.ewu.edu/undergraduate-degree/#text>) are the prerequisites for many of these courses.

Completing PSYC 309 prior to CSBS 320 is highly recommended.

Grade Requirements:

- To declare the BS Health Psychology major, students must have a minimum cumulative GPA \geq 2.0 and taken and passed PSYC 100 or its equivalent with a grade \geq C
 - Transfer students may be given credit for appropriate transfer courses in the major and for electives.
 - Transfer credits will be limited to 20 lower division courses and no more than 30 transfer credits total applied toward the degree.
- PSYC 100, PSYC 309, and CSBS 320 must be passed with a grade \geq C.

Required Courses

CSBS 320	STATISTICS FOR THE SOCIAL SCIENCES	5
PSYC 100	GENERAL PSYCHOLOGY	5
PSYC 201	LIFE-SPAN DEVELOPMENT	5
PSYC 231	SCIENCE OF STRESS AND COPING	3
PSYC 302	ABNORMAL PSYCHOLOGY	5
PSYC 309	SCIENTIFIC PRINCIPLES OF PSYCHOLOGY	5
PSYC 316	HUMAN MEMORY AND COGNITION	5

PSYC 317	HEALTH PSYCHOLOGY	5
PSYC 324	CONDITIONING AND LEARNING (only one course will count toward the major)	4
or PSYC 325	COGNITIVE AND BEHAVIOR CHANGE	
PSYC 420	BIOLOGICAL BASIS OF BEHAVIOR	5
Electives—choose two from the following		8
CMST 210	INTERPERSONAL COMMUNICATION	
CSBS 321	COMPUTER AIDED DATA ANALYSIS	
PSYC 301	THEORIES OF PERSONALITY	
PSYC 303	FOUNDATION OF PSYCHOTHERAPY	
PSYC 313	RESEARCH METHODS IN PSYCHOLOGY	
PSYC 314	TESTS AND MEASUREMENTS	
PSYC 323	DRUGS AND BEHAVIOR	
PSYC 359	HUMAN SEXUALITY	
PSYC 381	SOCIAL PSYCHOLOGY	
PSYC 430	HUMAN PSYCHOPHYSIOLOGY	
PSYC 440	HAPPINESS AND POSITIVE PSYCHOLOGY	
PSYC 474	CULTURAL PSYCHOLOGY	
Focus Experience		8
Take 4 credits of field study or internship for two consecutive quarters for total of 8 credits, or take field study or internship one quarter (4 credits) plus PSYC 498 (1-4 credits) and/or PSYC 499 for at total of 8 credits.		
PSYC 495	INTERNSHIP	
or PSYC 492 FIELD STUDY IN CHILD ISSUES AND PROBLEMS		
PSYC 498	SEMINAR	
PSYC 499	DIRECTED STUDY	
Capstone—choose from the following or consult with your advisor		4
PSYC 490	SENIOR CAPSTONE: THE TRADITION OF PSYCHOLOGY	
PSYC 490A	SENIOR CAPSTONE: DEVELOPMENTAL PSYCHOLOGY SENIOR SEMINAR	
PSYC 491	SENIOR THESIS	
Total Credits		67

University Competencies and Proficiencies

English (<http://catalog.ewu.edu/undergraduate-degree/#newitemtext>)

Mathematics (<http://catalog.ewu.edu/undergraduate-degree/#mathcompmproficiencytext>)

Placement and Clearance Exams (<http://catalog.ewu.edu/placement/>)

Prior Learning/Sources of Credit AP, CLEP, IB (<http://catalog.ewu.edu/prior-learning/>)

General Education Requirements (<http://catalog.ewu.edu/undergraduate-degree/#generaleducationrequirementstext>)(GER)

- Minimum Credits—180 cumulative credit hours
 - 60 upper-division credits (300 level or above)
 - 45 credits in residence (attendance) at Eastern, with at least 15 upper-division credits in major in residence at Eastern
- Minimum Cumulative GPA \geq 2.0

Breadth Area Core Requirements (BACR)

Humanities and Arts (<http://catalog.ewu.edu/undergraduate-degree/#humanitiesandfineartsgecrtext>)

Natural Sciences (<http://catalog.ewu.edu/undergraduate-degree/#naturalsciencesgecrtext>)

Social Sciences (<http://catalog.ewu.edu/undergraduate-degree/#socialsciencesgecrtext>)

University Graduation Requirements (<http://catalog.ewu.edu/undergraduate-degree/#universitygraduationrequirements>) (**UGR**)

Diversity Course List (<http://catalog.ewu.edu/undergraduate-degree/#cultureandgenderdiversityintheuslisttext>)

Foreign Language (<http://catalog.ewu.edu/undergraduate-degree/#foreignlanguageugrtext>) (for Bachelor of Arts)

Global Studies Course List (<http://catalog.ewu.edu/undergraduate-degree/#internationalstudiesrequirementtext>)

Minor or Certificate (<http://catalog.ewu.edu/undergraduate-degree/#majorminororcertificateugrtext>)

Senior Capstone Course List (<http://catalog.ewu.edu/undergraduate-degree/#capstonecourselisttext>)

All admitted students must officially Declare a Major (<https://access.ewu.edu/center-for-academic-advising-and-retention/academic-planning-tools/declare-your-major/>) by the time they reach 90 credits (junior standing).

Application for Graduation (<https://sites.ewu.edu/records-and-registration/files/2017/02/GraduationApp.pdf>) must be made at least two terms in advance of the term you expect to graduate (undergraduate and post-baccalaureate).

Use the Catalog Archives (<https://catalog.ewu.edu/archives/>) to determine two important catalog years (<http://catalog.ewu.edu/undergraduate-degree/#activecatalogruletext>). SOAR (<https://soar.ewu.edu/selfservice/general/home.html>) calculates based on these two catalog years.

1. The catalog *in effect at the student's first term* of current matriculation is used to determine **BACR** (Breadth Area Credit Requirements) **and UGR** (Undergraduate Graduation Requirements).
2. The catalog *in effect at the time the student declares a major or minor* is used to determine the program requirements.

Students who successfully earn a BS in Health Psychology from EWU should be able to do the following:

- evaluate the appropriateness of the methodological designs used to test health science hypotheses;
- explain how APA's five general principles of ethics can be applied to a research study in the area of health psychology;
- demonstrate knowledge of the major theoretical perspectives and key concepts in the field health psychology.